



# 2025 SPRING CONFERENCE EVENT SCHEDULE

<b>Wednesday, May 7, 2025</b>	
<b>8:30 – 10:00</b>	Conference Registration (Whitebirch Lobby)
<b>9:00 – 10:00</b>	Resource Fair (Whitebirch Room I)
<b>10:00 – 10:15</b>	MACPO President Welcome (Whitebirch Room II)
<b>10:15 – 12:00</b>	<p><b>“First Things First:”</b> Jason Anderson (Whitebirch Room II)</p> <p>We have so many demands put upon us – both professionally and personally – and keeping our priorities in order can be daunting. The incentives for keeping these priorities in front of us are significant. Professionally, when we give ample attention to the right client at the right time – and spend our energy with them to address the underlying drivers of unhealthy behavior, long-term outcomes can be affected. And on the home front, when we are equally intentional about how we assign our attention to those in our lives and what we do in our free time, we too can expect long-lasting impacts. Are we living our lives a mile-wide and an inch-deep? Let’s take a moment to gather ourselves. Let’s consider how we are striking this balance and managing to live out our personal and professional lives in a way that is reflective of our priorities. And maybe even laugh a little along the way.</p>
<b>12:00 – 1:00</b>	<i>Lunch (Marina Dining Room)</i>
<b>12:00 – 1:30</b>	Resource Fair (Whitebirch Room I)
<b>1:30- 3:30</b>	<p><b>“Balance your Conflict”</b> Dr. Jody Janati (Whitebirch Room II)</p> <p>Learn 101 things to “say and do” during difficult interactions. Maintain your personal integrity through effective communication strategies that really work. Participants will learn step by step responses to transform difficult conversations. Multiple techniques will be discussed to ensure you can find your voice, maintain wholeness and go unimpaired while engaging others during difficult interactions. Learn how to get rid of resistance so you can maintain a drama free life. Be cool, calm and collected and set healthy boundaries with others.</p>
<b>3:30 – 4</b>	<p><b>“Introduction to SafeWrap: MACPO’S commitment to Officer Safety”</b> SafeWrap Safety Instructors (Whitebirch Room II)</p>
<b>4:30</b>	Golf Tournament (Traditional Golf Course)
<b>6:30</b>	Networking at Governors House Food, music and games

## Thursday, May 8, 2025

<b>7:00 – 8:00</b>	<i>Breakfast (Marina II Restaurant)</i>
<b>8:00 – 10:00</b>	<p><b>“Child Extortion/Sextortion”</b> Bobbi Jo Pazdernik (Whitebirch Room II)</p> <p>Cases of Online Child Exploitation has exploded over the last several years, resulting in a 1000% increase in Cybertips received for Minnesota from the National Center for Missing and Exploited Children. One of the fastest growing child exploitation crimes is Sextortion. Children across Minnesota are being exploited and sextorted daily. Prevention, education, and awareness are key to fighting this crime that is taking our state by storm.</p>
<b>10:00-10:30</b>	Resource Fair (Whitebirch Room I)
<b>10:30–12:30</b>	<p><b>“Breaking the Silence: Understanding the Impacts of Domestic Violence on Children and Adolescents”</b> Kenzie Lorentz (Governor’s Room)</p> <p>This seminar explores the profound and often long-lasting effects of domestic violence on children and adolescents. It highlights the emotional, psychological, physical, and social challenges that young people face when exposed to violence in the home. Children and adolescents are particularly vulnerable due to their developmental stage, and the seminar emphasizes how domestic violence can disrupt their emotional well-being, academic performance, and future relationships.</p>
	<p><b>“Protect yourself from Control Drama”</b> Dr. Jody Janati (Whitebirch Room II)</p> <p>People “get their way” with others by making them pay attention to them, and then elicit a certain reaction from them to make themselves feel fulfilled. The positive feelings gained are won at the expense of the other person. This often causes imbalance and drama in our interpersonal relationships. Learn about common control drama patterns and how to negate them. Understand and respond to attempts made to gain influence at your expense. Awareness of these dramas can lead to understanding and forgiveness, as awareness alone often equals change. The more you understand someone, the easier you can forgive them.</p>
	<p><b>“The impact of co-occurring disorders on treatment outcomes for people with Substance Use Disorders”</b> Dr. Lewis P. Zeidner; Meridian (Pelican Room)</p> <p>Patients with Substance Use Disorders (SUD) and a co-occurring mental health disorder frequently have poorer treatment outcomes. Timely diagnosis and integrated treatment for both disorders improves the outcome and potential for sustained SUD recovery and improves mental health symptom management. This presentation will address learnings and refined treatment protocols for integrated care.</p>
<b>12:30 – 1:30</b>	<i>Lunch (Marina Dining Room)</i>
<b>12:30 – 2:00</b>	Resource Fair (Whitebirch Room I)
<b>1:30</b>	Director’s Committee Meeting (Heartland Room IV)

<p><b>2:00 – 4:00</b></p>	<p><b>“Minnesota Competency Attainment Board and Forensic Navigator Services”</b> Kim Larson (Governor’s Room)</p> <p>In 2022 the legislature created a new independent state board within the judicial branch, the Minnesota Competency Attainment Board (MNCAB). MNCAB is charged with developing a statewide competency attainment system by establishing a forensic navigator program and certification procedures for competency attainment programs. The new statute authorizing this work was effective April 1, 2024. This presentation will provide attendees with an overview of Minn. Stat. § 611.40-611.59, Competency Proceedings, and MNCAB’s progress during its first year</p> <hr/> <p><b>“Situational Awareness for Probation Officers in the Field”</b> Ryan Fisher (Pelican Room)</p> <p>In this breakout session, participants will learn tactics to develop and hone their situational awareness while working in the field and interacting with people. Concepts covered will include the Cooper Color Code of awareness and the various psychological and physiological effects stressful encounters can have on the body. Case specific examples will be utilized to illustrate effective methods for dealing with stressful encounters, offering participants a chance to problem solve and discuss courses of action. Finally, tactics for exercising strong mental wellbeing and resiliency will be discussed.</p> <hr/> <p><b>“Relationship vs. Authority”</b> Captain Erik Meier and Lieutenant Kyle Prall (Whitebirch Room II)</p> <p>It is a maxim in residential programs that effective treatment needs to be preceded by effective control; that no treatment is really possible unless the delinquent behavior of the client population can be made responsive to staff authority and control. While there is universal agreement on this point, there is no agreement and very little understanding about how to teach staff to go about the job of competently and skillfully exercising authority. Even in the best of programs there are markedly differing abilities among staff to command the response of youth in their charge. New staff who feel inadequate to the demands of supervision of a group of youth look wistfully at the apparent ease with which experienced staff exercise authority. On the other hand, experienced staff look with a mixture of sympathy and frustration at the fledging efforts of new staff and find it easy to see what they’re doing wrong but find it nearly impossible to tell them, much less teach them, how to do it right. What then is authority? How is it unique from the issue of structure and limits? What does one have to understand about authority in order to establish long-term effectiveness? Are there any easy frames of reference which can be used to aid staff, particularly inexperienced staff, in developing a more comprehensive understanding, and hence a more effective use, of authority?</p> <hr/> <p><b>“CSTS: 2025 Updates &amp; Initiatives and Tips &amp; Tricks for CSTS Web”</b> Carrie Stumne (Heartland Room I)</p> <p>This session will cover recent updates and future initiatives for the CSTS application. We will also cover some of the newer features that will be tied to upcoming reporting requirements and initiatives, such as Case Plan, Interventions, Response Guides, and Incident Reports. Lastly, we will cover tips for the most common questions regarding the transition to CSTS Web with time at the end to answer questions.</p>
<p><b>5:30 – 7:30</b></p>	<p><b><i>Awards Banquet (Lakeside Ballroom)</i></b></p> <p>Following Banquet Networking at Dockside Lounge</p> <p>Enjoy music by Tami &amp; The Bachelor</p>

## Friday, May 9, 2025

<b>7:00 – 8:30</b>	<i>Breakfast (Marina II Restaurant)</i>
<b>8:30 – 10:15</b>	<b>“Micro-dosing and Common Trends”</b> Sgt. Tyler Milless (Whitebirch Room II)  This session will educate attendees about micro-dosing and its dangers... as well as its benefits. Attendees will learn about commonly micro-dosed substances and what effect micro-dosing has on a user. During this session, attendees will also learn about some common trends in the drug-impairment world.
<b>10:30 – 12:00</b>	<b>“Expect The Extraordinary: The Safari Way To Greater Happiness”</b> Steve Fredlund (Whitebirch Room II)  Life can feel like an African safari, an ongoing experience of ups & downs, high & lows, knowns & unknowns; where excitement and tension run side by side. As we learn to apply the same principles that make safaris epic, we become more engaged, less burnt out, and happier in life, work and leadership. Steve “Safari Dude” Fredlund uses compelling stories from the savannah to invite us into The Safari Way by choosing our experience, getting the right peeps in our Jeeps, doing the unright thing, taking in the view and embracing the adventure.
<b>12:00</b>	Final prize drawings (please make sure to put your name tag in the box located in the back of the room)

**Thank You for joining us at the Conference!**