

From the President

Winter 2009

Arrests of Girls Decline over Decade.....3

Minneapolis Crime Declines in 20084

Basic Facts About Drugs: OxyContin.....5

Generalized Anxiety Disorder (GAD).....6

DWI Death: Is it Murder7

Announcements and Training8

Links & Laughs9

The Committees10

Greetings MACPO membership.

I hope you are all wintering well and enjoying everything the New Year offers.

As 2008 closed and 2009 began, we have been inundated with negative news from all media outlets. Most of the negativity comes by way of a terrible economy, a greedy Wall Street icon, and a certain coiffured governor from Illinois.

As the media breaks it down, it all seems to center around greed and terrible economic times. Historically when these two meet, growth in our business is a by-product.

The terrible economy has certainly affected all of us personally. We may have lost a decent share of our retirement account, got caught up in a ponzi scheme or two, or have been impacted by the slumping housing market and mortgage collapse. We are all personally feeling the effects of the difficult times that are upon us. Accordingly, we will have to make adjustments necessary for us and our families to remain fiscally stable.

How about professionally? Is our profession recession proof? Is the next bailout from congress earmarked for corrections?



Steve King
MACPO President

... continued on page 2



MACPO 52nd Annual Spring Conference
May 20th – 22nd, 2009

continued from page 1

I'm guessing not. I think it was Ben Franklin that said: "the population that grows with a declining economy is churches and probation offices." It doesn't take a rocket scientist or even a corrections slug with a degree from an accredited university and well trained in EBP to realize the impact of this economy. The state and county governments are feeling the squeeze. We as county employees are at the mercy of these entities. Shrinking government revenues result in shrinking government employee ranks. During these times, even with corrections being a growth industry, cuts to funding will be a reality.

MACPO as an organization will most likely not escape the impact of this economy either. My hope is the impact is subtle and not long lasting. MACPO leadership will have to continue to be mindful of the decimated county budgets while at the same time offer meaningful training and plan a quality Spring Conference. Directors and supervisors should continue to recognize the benefit of a strong training budget and be resolute in protecting it when their department's budgets are under the microscope.

Personally, professionally, and organizationally, we will survive this period of financial instability. Through this challenge, MACPO membership should continue to expect MACPO to be its unifying voice with legislators and all things corrections.

Take care,
Steve



Stalking Awareness Month gives us the opportunity to learn about this crime that continues to disrupt and victimize people from all walks of life and in every community throughout America. Each year, more than one million women and nearly 400,000 men in the United States are victims of stalking. The Office on Violence Against Women, in partnership with the *National Center for Victims of Crime's Stalking Resource Center*, encourages communities to focus attention on the serious and deadly crime of stalking. This year's theme, "Stalking: Know It. Name It. Stop It." challenges communities to combat stalking by learning more about the dynamics of stalking. Please visit www.stalkingawarenessmonth.org to download resources, including fact sheets, media tools, brochures, and artwork, as you plan your local National Stalking Awareness Month activities!

[National Stalking Awareness Month Logo Cropped Poster](#)

["Stalking is Real" Large Poster](#)

["January is Stalking Awareness Month" Large Poster](#)

Arrests of Girls Drop Over Decade, Study Says

By Wendy Koch, USA TODAY

Fewer girls were arrested last year for violent crimes than a decade earlier, according to new government research prompted by a surge in female juvenile delinquency in the 1990s.

Arrests for aggravated assault by girls younger than 18 fell 17% from 1998 to 2007, the new U.S. Department of Justice research finds. The research comes at a time when widely played videos show girls beating each other up. One such video, circulated on YouTube, showed two teen girls pummeling another girl in June at a Michigan high school.

"We're not facing an epidemic of girls gone wild," says J. Robert Flores, chief of the department's Office of Juvenile Justice and Delinquency Prevention, which spent \$2.5 million on the first U.S.-funded effort to explore girl delinquency.

The research project, known as the Girls Study Group, was launched in 2004, a year in which girls accounted for 30% of all juvenile arrests. The findings will be released in a series of reports in the coming year.



"We want to dispel that myth," that girls have become more violent, says Stephanie Hawkins, leader of the Girls Study Group and research psychologist at RTI International, a research institute.

Among the findings, which cover 1998 to 2007:

- 13% fewer girls were arrested for all violent crimes.
- 10% more girls were arrested for simple assault, although the increase occurred earlier in the decade. The number of simple assault arrests of girls has fallen since 2004.

- Arrests of boys fell even more — 14% for all violent crimes.

The drop in arrests has been less for girls, not because behavior has changed but because of policy, says Darrell Steffensmeier, a member of the study group and a sociology professor at Penn State. He says police are more apt now than decades ago to arrest girls for domestic violence or school fights.

Also, he says girls themselves do not report an increase in violent behavior, according to school-based surveys such as Monitoring the Future.

Some researchers question the study group's data. Girls underestimate their own violence and FBI data fluctuate depending on policy and demographic changes, says James Garbarino, psychology professor at Loyola University and author of the 2006 book, *See Jane Hit: Why Girls Are Growing More Violent and What We Can Do About It*.

"It's a puzzling area," says Garbarino, adding that cultural messages are telling girls it's OK to be aggressive.

David Finkelhor, head of the Crimes Against Children Research Center at the University of New Hampshire, agrees pop culture is promoting more assertive females. Still, he says the factors that cause girls to be violent "run deeper," and he doesn't see a trend of increased girl violence.

Those risk factors, says the Girls Study Group, include poor parental supervision, lack of school involvement, early puberty, sexual abuse, depression, anxiety and romantic partners.

No one is listening until you make a mistake

Minneapolis crime declines in first half of '08, feds say

By PAUL WALSH, Star Tribune

Federal authorities are reporting today that many significant crimes, including murder, declined in the first six months of 2008 in the United States, when compared with the same time period a year earlier.

As for Twin Cities in that same report, Minneapolis saw across-the-board drops in murder, rape, robbery and other crimes. For St. Paul, the FBI-gathered numbers are mixed.

In Minneapolis, murders from January to June 2008 totaled 17. That's down from 26 in the same period of 2007. Also down were forcible rapes (186 vs. 212), robberies (947 vs. 1,181), burglary (2,320 vs. 2,800) and auto theft (1,282 vs. 1,509). And for St. Paul: murder (9 vs. 11), forcible rape (73 vs. 78), robbery (358 vs. 334), larceny theft (3,066 vs. 2,915) and auto theft (868 vs. 996). Nationwide, violent crime fell 3.5 percent and property crime 2.5 percent during the first six months of the year; the full 2008 report will be available in the fall.

Violent crimes nationally in all population groups declined: murder by 4.4 percent, aggravated assault by 4.1 percent, forcible rape by 3.3 percent, and robbery by 2.2 percent.

On a regional basis, law enforcement in all four parts of the country reported a drop in violent crimes: 6 percent in the Midwest, 5 percent in the West, 2.9 percent in the Northeast and 1.5 percent in the South.

The report is based on information from law enforcement agencies that contributed three to six common months of data to the FBI from January through June of both 2007 and 2008. A total of 11,515 law enforcement agencies met the criteria for inclusion in the report.



Dealing with complainers who resist your help

By Martha Beck (OPRAH.com)

<http://www.cnn.com/2008/LIVING/personal/12/02/o.help.registers/index.html>

The Minnesota Corrections Association (MCA) has partnered with Amicus to present

From Gender Theory to Responsive Practice:
Making Your Job Easier

January 23 from
9 a.m.-4 p.m.
at Gustavus Adolphus College
Alumni Hall in St. Peter.

Registration is \$50 for MCA members, \$60 for non-members, and \$15 for students.

The workshop will be repeated on March 19, 2009, at Fortune Bay Casino in Tower, Minnesota.

Registration details are available at www.mn-ca.org or www.amicususa.org.

The Minnesota Association of Pretrial Services Association's (MAPSA) conference will be held at the Landmark Center in St. Paul on April 17.

This year the MAPSA Board has decided to give away one scholarship per region to cover the registration cost of attending the conference. For information, visit www.mapsa.us/index.cfm.

BASIC FACTS ABOUT DRUGS: OxyContin

What is OxyContin? OxyContin is the brand name for an opioid analgesic containing the active ingredient Oxycodone (also found in Percoset and Percodan). OxyContin is a legal narcotic (or a controlled substance) that is available, by prescription, to treat severe pain. OxyContin is a controlled-release medication that, when used correctly, provides extended relief of pain associated with cancer, back pain, or arthritis.

However, often when the drug is abused, the tablets are crushed and snorted, chewed, or mixed with water and injected- eliminating the time-release factor and allowing for a quick and intense rush to the brain. This practice can lead to overdosing on OxyContin's active ingredient, oxycodone, by releasing too much of the medication into the bloodstream too quickly. OxyContin is highly addictive - so higher doses of the drug must be taken when a tolerance develops. Illicit users of the drug have risen drastically and steadily over the last few years. What are the street names? OxyContin is also known as Oxy, OxyCotton, Oxy 80 (for the 80mg dose), or OC

What does OxyContin look like?

OxyContin most commonly exists in tablet form. These round pills come in 10mg, 20mg, 40mg, and 80mg dosages. OxyContin also comes in capsule or liquid form.



How is it taken?

When used correctly, prescribed patients take the pill orally every 12 hours as needed (most pain relievers last only 3-6 hours). Those who abuse OxyContin remove the time-release coating on the pills. Often the pills are crushed and the powder is snorted, chewed, or cooked to inject.

Short-term effects

The most serious risk associated with OxyContin, is respiratory depression. Because of this, OxyContin should not be combined with other substances that slow down breathing, such as alcohol, antihistamines (like some cold or allergy medication), barbiturates, or benzodiazepines. Other common side effects include constipation, nausea, sedation, dizziness, vomiting, headache, dry mouth, sweating, and weakness. Toxic overdose and/or death can occur by taking the tablet broken, chewed, or crushed. People who abuse the drug (by removing the time-release coating) will experience effects for up to 5 hours. The high that is felt is opiate-like - a sedate, euphoric feeling.



Long-Term Effects Using OxyContin chronically can result in increased tolerance to the drug in which higher doses of the medication must be taken to receive the initial effect. Over time, OxyContin will become physically addictive, causing a person to experience withdrawal symptoms when the drug is not present. Symptoms of withdrawal include restlessness, muscle and bone pain, insomnia, diarrhea, vomiting, cold flashes with goose bumps, and involuntary leg movements. <http://www.acde.org/common/Oxy.pdf>

You have the right to remain silent. Anything you say will be misquoted then used against you.

Generalized Anxiety Disorder (GAD)

What is Generalized Anxiety Disorder?

Generalized Anxiety Disorder, GAD, is an anxiety disorder characterized by chronic anxiety, exaggerated worry and tension, even when there is little or nothing to provoke it. [More about GAD](#)

Signs & Symptoms

People with generalized anxiety disorder can't seem to shake their concerns. Their worries are accompanied by physical symptoms, especially fatigue, headaches, muscle tension, muscle aches, difficulty swallowing, trembling, twitching, irritability, sweating, and hot flashes. [More about GAD](#)

Treatment

Effective treatments for anxiety disorders are available, and research is yielding new, improved therapies that can help most people with anxiety disorders lead productive, fulfilling lives. [More about Treatment](#)

Getting Help: Locate Services

Locate mental health services in your area, affordable health care, NIMH clinical trials, and listings of professionals and organizations. [More about Locating Services](#)

Related Information

[Information about medications](#)

Anxiety Disorders Information and Organizations from NLM's MedlinePlus (en Español)

Some mental illnesses also carry an increased risk for [suicide](#).



The Mystery of Borderline Personality Disorder



To read the full article click on this link. <http://www.time.com/time/magazine/article/0,9171,1870491,00.html>



DWI Deaths: Is It Murder?

Bob Simon On One Prosecutor's Efforts To Increase Penalties For Drunk Drivers Who Kill

(CBS) Drunk driving kills more than 13,000 Americans a year - that's one every 39 minutes. Authorities call it an epidemic. They say that despite all the publicity, all the education campaigns, and all the advertising over the past decade, the number of drunk-driving fatalities has not gone down.

Some prosecutors have started taking a different approach to the problem, getting so tough on drunk drivers who kill people that the penalties they exact were unheard of in the past.

As correspondent Bob Simon reports, one of these pioneers is Kathleen Rice, district attorney of Nassau County, New York. She believes that if you want to stop drunk driving, you have to treat it as a serious crime with serious jail time.

To read the whole article click: <http://www.cbsnews.com/stories/2008/12/31/60minutes/main4694666.shtml?tag=FeatureBoxTabsContent;FeatureBoxTabs2>

OJJDP Bulletin Portrays Domestic Assaults by Juveniles

The Office of Juvenile Justice and Delinquency Prevention (OJJDP) has published "Domestic Assaults by Juvenile Offenders." Prepared by the National Center for Juvenile Justice, this 8-page bulletin analyzes data reported to the FBI's National Incident-Based Reporting System by law enforcement agencies.

The bulletin provides a detailed portrait of the attributes of domestic assaults by juveniles known to law enforcement, including their locations, times of day, and the weapons involved.

Resources:

"Domestic Assaults by Juvenile Offenders" is available online at <http://www.ojjdp.ncjrs.gov/publications/PubAbstract.asp?pubi=240971>.



Good judgment comes from bad experience and a lot of that comes from bad judgment.

Announcements and Training



<http://www.corrections.com/>

Today, Corrections.com is the single most recognizable brand on-line for the global community of corrections. Award-winning daily news is at the core of our business, with the most comprehensive database of vendor intelligence in corrections.



<http://www.appa-net.org>

To serve, challenge and empower our members and constituents by educating, communicating and training; advocating and influencing; acting as a resource and conduit for information, ideas and support; developing standards and models; and collaborating with other disciplines.



<http://www.mncorrections.org/mjps>

To hold offenders accountable and offer opportunities for change while restoring justice for victims and contributing to a safer Minnesota



CAPITAL DAY February 18th 9:00 AM.

Watch the website for further details.

It may be that your sole purpose in life is simply to serve as a warning to others.

Links and Laughs

By Attorney: Remember all your responses must be oral. OK? Now, what school do you go to?

By Witness: Oral.

Attorney: How old are you?

Witness: Oral.



By Defendant: Judge, I want you to appoint me another lawyer.

By the Court: And why is that?

Defendant: Because the Public Defender isn't interested in my case.

The Court (addressing the public defender): Do you have any comments on the defendant's motion?

By the Public Defender: I'm sorry, Your Honor. I wasn't listening.

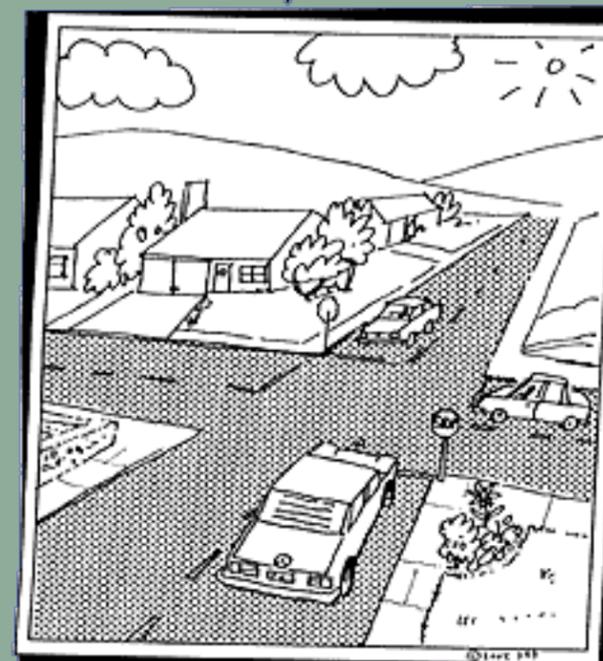
By the Court: Is there any reason why you couldn't serve as a juror in this case?

By a Potential Juror: I don't want to be away from my job that long.

The Court: Can't they do without you at work?

Potential Juror: Yes, but I don't want them to know that.

SNAPSHOTS by Jason Love



Section 21A, Paragraph 6: When two or more vehicles come to a stop simultaneously, the most expensive vehicle has the right of way."

The Committees

Training and Education Committee

The Training and Education committee is currently planning the 2009 Spring Conference. We have booked a large portion of the conference speakers but are always looking for more ideas. We will also be evaluating this spring where the 2010 and 2011 spring conference will be held. We continue to strive in finding the best training options for all MACPO members who attend the conference.

We recently toured some facilities for the upcoming 2009 MACPO Support Staff Conference. After much thought and deliberation, we decided to go with the Holiday Inn Hotel and Suites in St. Cloud, MN. We are still trying to coordinate a date that would work best for our attendees.

The Training and Education committee is always looking for new members to join our already incredible group of T&E members. Our committee usually meets the third Wednesday of the month in the metro area. Please contact either Robyn or Neal for more information.



Robyn Schauer
Blue Earth County
Probation



Neal Huemoeller
Wright County Probation

Membership Committee 2008 Winter Report

It is -33 degrees in Fergus Falls, Mn as I write this report for the MACPOST. I remain hopeful that the temperature between today and our Spring Conference dates of May 20th thru the 23rd, will rebound.

Membership continues to meet the 1st Monday of the month in St Cloud. Issues on the table include the Memorial Scholarship. We have recently raised the Scholarship amount to \$750. Our Scholarship subcommittee reports that we have increased the number and quality of the applications we received this year. The subcommittee made some changes to the process that seem to have positively impacted the program. I want to thank Jill, Randy, Darnell, and Janelle for their work on this project.



Jill Arbeiter
Co-Chair

We are working on Spring Conference registration and MACPO clothing items. Everything is on track at this point.

Our committee's primary focus is building our membership numbers. As a MACPO member, you are our greatest resource for identifying and approaching potential new members. Please be sure to mention MACPO to new PO's or other program staff. Thank you for your membership in MACPO!



Charles Kitzman
Co-Chair

Legislative Committee Report

Your MACPO Legislative Committee is preparing for what might be one of the toughest legislative sessions ever. The focus will be on addressing the State's financial situation. At the time of this writing, our counties and cities have already experienced the State's "un-allotment" option. The budgeting option for the next two fiscal years will undoubtedly further negatively impact our counties and our departments. We will be closely monitoring the Governor's budget and its impact on probation service delivery in Minnesota. Our goal is to maintain our current level of service as much as possible.

We are in the planning stage for our 2009 "Capitol Day" event which is scheduled for the morning of Wednesday, February 18th. We are considering modifying the usual format, and instead focusing more on providing education about the legislative system and on coordinating direct contact with local and key legislators. This session is one in which these relationships will be extremely important. Please set side the morning and watch for our announcements.

We have also been busy working on our 2009 Initiatives. We are in the process of obtaining an author for our bill which will clarify in statute a probation officer's search and seizure authority. Additionally, after many meetings and discussions with state departments, agencies, and organizations, we have decided to not pursue the modification of the current juvenile predatory offender registration requirements. Finally,



Lana Bjorgum
Itaska County Probation
MACPO Legislative
Committee Chair



Steven Paquay
Chisago County Probation
MACPO Legislative
Committee Chair

our "Option 60" committee has made exciting progress on creating a brochure and arranging for an actuarial study prior to seeking legislation for probation officer early retirement.

As always, if you have any questions or suggestions during the 2009 Legislative Session, feel free to contact me or Lana.

Steven Paquay
Chair, MACPO Legislative Committee

Treasurer's Report

Greetings!! I hope everyone had a safe and happy holiday season. This is a slow time of year financially for MACPO however all is well. It is tax season so myself and the accountant are busy preparing 1099's, thankfully the accountant does most of the work!!!

Please find the checking account and investment balances below. If anyone has any questions, please feel free to call me.

Checking: \$12697.77
W&R Money Market: \$18532.68
Affinity Plus CD: \$28513.80
Bond Fund: \$10693.47



Sarah Weikle
Pine County Court Services

Communications Report

Hold onto your hats folks. The severe downturn in the economy and the record loss of jobs and businesses promises, unfortunately, to portend more business for us. And as has been the case for years, we will be expected to do a lot more with rapidly dwindling resources. There are some reasons to be hopeful about being up to the task. Most counties have for years, been restructuring the way probation services are delivered by training staff and designing and implementing services based on evidence based practices principles. This creates a system that ensures that interventions and programs are efficient and effective and that precious resources are allocated where they are most likely to produce positive outcomes. For more information on evidence based principles click on the following links. <https://forums.doc.state.mn.us/site/ebp/default.aspx>, <http://ucicorrections.seweb.uci.edu/>, <http://ucicorrections.seweb.uci.edu/>, <http://www.ncjrs.gov/pdffiles1/nij/sl000737.pdf>.

Looking forward, the Training and Education Committee is working hard to put together speakers and training for the Macpo Spring Conference. Please save the date May 20th-22, 2009 held once again At Breezy Point. More information for registration will be available on the Macpo web site.

The Communications Committee welcomes new members. If you have an interest, please contact myself ariley@co.chisago.mn.us or Chris Maas at Christopher.Maas@co.sherburne.mn.us. Have a wonderful winter and I look forward to seeing everyone at the spring conference.

Anne Riley



Anne Riley
Chisago County Court Services

Communication Committee Co-chair



Christopher Maas
Sherburne County
Court Services

Happy New Year!!! Hope everyone had a good 2008 and let's look forward to an even better 2009. I would encourage everyone to take a look at the new redesign of the MACPO web site and as always make it your home page. The MACPO Training Academy is going great and the third session is coming up fast. Always feel free to let me know if you would like anything added to the web site or would like to change the way something looks. Please send me an e-mail at Christopher.Maas@co.sherburne.mn.us or contact me at 763-241-2819.