

Minnesota Association of
County Probation Officers



MACPOST

Winter 2006

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Capital Day
7:00 a.m.
May 29, 2006
Kelly Inn

From The President

Happy New Year to our MACPO Membership and friends. This organization is involved in about every area of corrections happening in Minnesota and Nationally. We participate in any number of in state committees, such as: sex offender supervision, planning for Corrections Delivery in a major disaster, Evidence Based Practices, CrimNet, CSTS, MACCSS and more. I want to thank each of those who are participating in these committees for their time and dedication. That's just the outside activity. Also, we have a dedicated group of members who keep this organization operating. There is always room for greater participation, and if you are interested, contact the committee chairs.



Warren Liepitz
Mille Lacs County Court
Services

We hope to see many of you at the Winter Conference February 16 and 17 in Bloomington. The Brochure is out and we hope for a good turnout from our membership. Please carefully review the proposed changes to our By-Laws and ask any Board Member questions you may have. The Board has had several long discussions about the changes and will be recommending their adoption at the Annual Spring Conference.

This year the Legislature does not meet until early March. That will put a premium on time, for our organization, and the Legislature. If you have not gotten to know the Representative or Senator from your home area, find an opportunity to meet them and tell them about your work as a probation officer. That contact may be invaluable as we work through our Legislative Committee to either pass legislation that is in our interest, or stop Legislation that would be to our detriment. Hope to see you all at the Winter Conference.



MACPO/MCA 2006 WINTER TRAINING

February 16-17, 2006

**Holiday Inn Select
3 Appletree Square
Bloomington, MN 55425
(about 1 mile from Mall of America)**

Training Topics:

- Search and Seizure for Probation Agents
- Identifying the Drugged Offender
- Body Language: Non-Verbal Communication

STUDENT SCHOLARSHIP AVAILABILITY

MACPO and MCA will be offering two student scholarships at the Joint Winter Conference which will be held on February 16 and 17, 2006 at the Bloomington Holiday Inn Select. For application information, contact Jill Arbeiter, Carver County Court Services, 952-361-1471; e-mail is jarbeite@co.carver.mn.us. The application must be received by February 10, 2006.

In addition, MACPO will be offering a Memorial Scholarship to one student, the recipient of which will be announced at the 2006 MACPO Spring Conference. Deadline for application for this scholarship will be March 1, 2006. Again, contact Jill Arbeiter, Carver County Court Services.

ATTENTION MEMBERSHIP: Click on the link below to read about the changes to the MACPO bylaws.

<http://www.macpo.org/pdf/MACPObylaws9-29-05.pdf>

Anxiety Disorders

Most people experience feelings of anxiety before an important event such as a big exam, business presentation or first date. Anxiety disorders, however, are illnesses that cause people to feel frightened, distressed and uneasy for no apparent reason. Left untreated, these disorders can dramatically reduce productivity and significantly diminish an individual's quality of life.

How Common Are Anxiety Disorders?

Anxiety disorders are the most common mental illness in America; more than 19 million are affected by these debilitating illnesses each year.

Anxiety disorders cost the U.S. \$46.6 billion in 1990 in direct and indirect costs, nearly one-third of the nation's total mental health bill of \$148 billion.

What Are the Different Kinds of Anxiety Disorders?

Panic Disorder-Characterized by panic attacks, sudden feelings of terror that strike repeatedly and without warning. Physical symptoms include chest pain, heart palpitations, shortness of breath, dizziness, abdominal discomfort, feelings of unreality, and fear of dying.

Obsessive-Compulsive Disorder-Repeated, intrusive and unwanted thoughts or rituals that seem impossible to control.

Post-Traumatic Stress Disorder-Persistent symptoms that occur after experiencing a traumatic event such as war, rape, child abuse, natural disasters, or being taken hostage. Nightmares, flashbacks, numbing of emotions, depression, and feeling angry, irritable, distracted and being easily startled are common.

Social Phobia-Extreme, disabling and irrational fear of something that really poses little or no actual danger; the fear leads to avoidance of objects or situations and can cause people to limit their lives.

Generalized Anxiety Disorder-Chronic, exaggerated worry about everyday routine life events and activities, lasting at least six months; almost always anticipating the worst even though there is little reason to expect it. Accompanied by physical symptoms, such as fatigue, trembling, muscle tension, headache, or nausea.

What Are the Treatments for Anxiety Disorders?

Treatments have been largely developed through research conducted by NIMH and other research institutions. They are extremely effective and often combine medication or specific types of psychotherapy.

More medications are available than ever before to effectively treat anxiety disorders. These include antidepressants or benzodiazepines. If one medication is not effective, others can be tried. New medications are currently under development to treat anxiety symptoms.

The two most effective forms of psychotherapy used to treat anxiety disorders are behavioral therapy and cognitive-behavioral therapy. Behavioral therapy tries to change actions through techniques such as diaphragmatic breathing or through gradual exposure to what is frightening. In addition to these techniques, cognitive-behavioral therapy teaches patients to understand their thinking patterns so they can react differently to the situations that cause them anxiety.

Is it Possible for Anxiety Disorders to Coexist with Other Physical or Mental Disorders?

It is common for an anxiety disorder to accompany another anxiety disorder, or in some cases depression, eating disorders or substance abuse. Anxiety disorders can also coexist with physical disorders. In such instances, these disorders will also need to be treated. Before undergoing any treatment, it is important to have a thorough medical exam to rule out other possible causes.

The content of this fact sheet was adapted from material published by the National Institute of Mental Health.

For more information contact:

National Mental Health Association 800.969.NMHA
<http://www.nmha.org>

Other Resources:

National Institute of Mental Health 1-866-615-6464, Information Center
<http://www.nimh.nih.gov/anxiety/> 1-888-826-9438, Order Publications

Obsessive-Compulsive Foundation 203.315.2190
<http://www.ocfoundation.org>

Anxiety Disorders Association of America 240.485.1001
<http://www.adaa.org>

Freedom From Fear 718.351.1717
<http://www.freedomfromfear.com/> 888-442-2022

American Psychiatric Association 888.357.7924
<http://www.psych.org>

American Psychological Association 800.964.2000
<http://www.apa.org>
<http://helping.apa.org/>

American Academy of Child and Adolescent Psychiatry
<http://www.aacap.org>



31st Annual Training Institute
 Chicago, Illinois July 23-26, 2006
[call for presenters](#)

2007 Winter Training Institute
 TBD

32nd Annual Training Institute
 Philadelphia, Pennsylvania July 8 - 11, 2007

WARNING: NEW TREND EMERGING FOR YOUNG TEENAGERS
"ROBOTTRIPPING"

"Robotripping" is the nickname for abuse of Robitussin® cough syrup or any cold and flu pills that contains dextromethorphan (which causes hallucinations similar to PCP). Many emergency rooms across the United States are reporting increased numbers of teens who are abusing over-the-counter (OTC) cold and cough preparations. Robitussin®, Coricidin HBP®, Vicks NyQuil® and Vicks Formula 44® are the most common cold drugs abused because they are legal, easy to get and inexpensive. Watch for the symptoms of abuse which include: sweating, high body temperature, dry mouth, blurred vision, hallucinations, delusions, nausea, stomach pains, vomiting, irregular heart beat, high blood pressure, numbness in toes and fingers, red face, headache, loss of consciousness.

Cool link-----"Calculate Your Client's Sentences with this great tool!"
<http://www.doc.state.mn.us/SentenceWorksheet/>

MINNESOTA CRIME – New Laws 2005

“Crime Bill One of Strongest in State's History”

Focused on life sentences with no possibility of release for the “worst of the worst” sex offenders and efforts to curtail the state’s methamphetamine epidemic, the omnibus public safety law is “one of the strongest anti-crime bills in Minnesota’s history,” according to Gov. Tim Pawlenty. Rep. Steve Smith (R-Mound) and Sen. Jane B. Ranum (DFL-Mpls) sponsored the law, which easily passed both houses with bipartisan support. Financial provisions of the law are effective July 1, 2005. Other provisions are effective Aug. 1, 2005, unless otherwise noted.

HF1*/SF609/CH136

Focus on sex offenders
Legislators want dangerous sex offenders, like the one who allegedly abducted and killed college student Dru Sjodin, in prison forever.

First- and second-degree criminal sexual offenders will face life in prison without the possibility of release when their crimes involve force, violence or a dangerous weapon, and either two or more heinous elements exists or the offender has a previous sex offence conviction and one heinous element exists. (Art. 2, Sec. 21)

Also, the law creates a new crime known as “criminal sexual predatory conduct” that applies when an offender commits a predatory crime motivated by sexual impulses or as part of a predatory pattern of behavior with criminal sexual conduct as its goal. The statutory maximum sentence for this offense is 25 percent longer than for the underlying predatory crime. (Art. 2, Sec. 20)

Other sex offenders could be given indeterminate sentences with the possibility of being on supervised release after serving the minimum sentence. Several factors must be considered when placing an offender on supervised release, including the possible risk to the community, progress in treatment, behavior while in prison, psychological evaluations, past criminal history and other relevant conduct of the offender. (Art. 2, Sec. 5)

The law gives the Department of Human Services access to the predatory offender registry and requires that administrators of health care facilities be notified if a sex offender is going to live in their facility. Communication about sex offenders who come from other states to live in Minnesota is also strengthened. (Art. 3, Sec. 2)

Sex offenders are barred from attending their own community notification meetings, which are required when Level III offenders leave prison to serve out the remaining one-third of their sentences under supervision in the community. (Art. 3, Sec. 14)

A conference committee dropped House provisions for chemical castration of some sex offenders and special license plates and driver's licenses that would have publicly identified sex offenders.

Nearly half of the omnibus law involves sex offenders and meth users, reflecting the priority that both parties placed on these public safety threats.

HF1*/SF609/CH136

House Chief Author: Smith
Senate Chief Author: Ranum
Effective Date(s): various



A new law provides \$500,000 to establish a methamphetamine laboratory cleanup revolving loan fund.

Methamphetamine Crackdown

Legislators agreed that one way to attack the meth problem is to limit access to ephedrine and pseudo ephedrine, key ingredients used to manufacture meth.

So beginning July 1, 2005, it will be harder for methamphetamine manufacturers (and everyone else) to purchase cold and allergy medications in pill form that contains ephedrine or pseudo ephedrine. Products like Sudafed® will be located behind the pharmacy counter and buyers will have to ask for them, be at least 18 years old, show identification and sign a logbook. Buyers will also be limited to two packages per transaction, not to exceed six grams. (Art. 7, Sec. 3)

Medications with ephedrine or pseudo ephedrine in gel capsule or liquid form are not restricted at this time but if meth manufactures switch to using those forms, then the state Board of Pharmacy could put the same restrictions on them. (Art. 7, Sec. 4)

A felony crime is established for stealing, purchasing or possessing anhydrous ammonia to be used in the manufacturing of meth. (Art. 7, Sec. 11)

A written prescription from a veterinarian will be needed to purchase any products with ephedrine or pseudo ephedrine for use for animals. (Art. 7, Sec. 1)

Meth is added to the definition of narcotic drug, which gives law enforcement more options for charging defendants. (Art. 7, Sec. 2)

The law criminalizes meth-related activities that impact children and vulnerable adults and establishes a penalty of up to five years in prison and a \$10,000 fine. (Art. 7, Sec. 12)

A revolving fund will be established so that city and county governments can borrow funds to clean up mini toxic waste dumps left behind from the manufacture of meth. (Art. 7, Sec. 15)

Ten new agents, at a cost of \$1 million each year, will be added to the Bureau of Criminal Apprehension to work exclusively on statewide meth enforcement and investigation. (Art. 1, Sec. 9)

New Crimes

The law creates several new crimes and establishes their penalties.

For example, a crime of domestic assault by strangulation is added to the list of qualified domestic violence-related offenses.

Enhanced penalties will apply to those who commit more than one qualified domestic assault within a certain time frame. (Art. 17, Sec. 8)

It will be a crime to knowingly provide false information to a police officer. The law also establishes a crime for falsely reporting police misconduct when a person knows the allegations are not true. (Art. 17, Sec. 30)

Identity Theft

Identity theft is a growing concern and one way the Legislature responded was by establishing new crime of "phishing," which is the electronic use of false pretense to obtain identifies through e-mail, Web sites or any other Internet communication. The crime carries a penalty of up to five years in prison and a \$10,000 fine. (Art. 17, Sec. 35)

Fleeing

It's already a crime to flee from a police officer in a motor vehicle, it will also be a crime to flee in other ways to avoid arrest, detention, investigation, or to conceal or destroy potential evidence. (Art. 17, Sec. 28)

Harassment

The harassment and stalking crime is expanded to include monitoring with the use of technology. (Art. 17, Sec. 46)

Tougher penalties

In addition to increased penalties for sex offenders and meth manufacturers, the bill ramps up penalties for other crimes as well.

For example, to keep penalties proportional, people convicted of premeditated first-degree murder will face life in prison without the possibility of parole just as the “worst of the worst” sex offenders. (Art. 17, Sec. 9)

Gang members who commit crimes against children will have 10 years added to the maximum sentences they receive. The new provision, called “Benny’s Law,” was inspired by Ben Doran, a 15-year-old St. Paul boy who was killed in 2003 by gang members in a case of mistaken identify. (Art. 17, Sec. 14)

Penalties are increased for selling steroids and specifically to minors. An exception is made for those who properly and legally use steroids in raising animals. (Art. 17, Sec. 1)

Some prison space will be freed up by a conditional early release provision for some nonviolent drug offenders whose crimes were committed because of drug addiction and not to make money. (Art. 13, Sec. 6)

Other areas of interest

- Establishes an all felon predatory DNA database in Minnesota and requires all convicted felons to submit a DNA sample. The new law also requires those arrested for certain violent and predatory offenses to submit a DNA sample after a probable cause determination.

The samples would be destroyed if charges are later dismissed or a person is found not guilty. Parents or guardians of juveniles must be contacted before DNA is taken from their child. (Art. 12, Sec. 1)

- Employees are protected against retaliation when they want to take reasonable time off from work, with advanced notice, to be involved in court proceedings because of domestic violence or because a close family member was the victim of a heinous crime. (Art. 9, Sec. 23)

- Peace officers can be reimbursed every five years for up to \$1,200 for new bulletproof vests. The costs would be split between the state and the government unit that employs the officer. (Art. 11, Sec. 1)

- The Department of Public Safety is required to research and develop a plan to address human trafficking and assist victims of the crime. (Art. 11, Sec. 6)

Dollars and cents

The law includes \$1.65 billion in spending for the biennium, about a 16 percent increase over current year spending for corrections, courts, law enforcement and public safety.

A monthly 25-cent fee increase for 911 services will be charged to each telephone number, effective July 1, 2006. Previously, charges were applied to phone lines. Funds will be used to improve emergency communications. (Art. 10, Sec. 10)

The law includes a 1.5 percent increase for judges, but Mary Pawlenty will decline her salary increase so there is no question of a conflict of interest on the part of her husband, Gov. Tim Pawlenty, said the governor at the bill signing ceremony. (Art. 1, Sec. 2)

2005 Monitoring the Future Survey Shows Continued Decline In Drug Use by Students

For Release December 19, 2005

Overall, the 2005 Monitoring the Future (MTF) survey showed good news. While there was no substantive change in any illicit drug use between 2004 and 2005, analysis of the survey revealed an almost 19 percent decline in past month use of any illicit drug by 8th, 10th, and 12th graders between 2001 and 2005. This trend is driven largely by decreasing rates of marijuana use among these students. For example, since 2001, past month use of marijuana has fallen by 28 percent among 8th graders and by 23 percent among 10th graders.

Since 1975 the MTF survey has measured drug, alcohol, and cigarette use and related attitudes among adolescent students nationwide. Survey participants report their drug use behaviors across three time periods: lifetime, past year, and past month. Overall, 49,347 students in the 8th, 10th, and 12th grades from 402 public and private schools participated in this year's survey. The survey is funded by the National Institute on Drug Abuse (NIDA), a component of the National Institutes of Health (NIH), and conducted by the University of Michigan.

While the 2005 survey showed a continuing general decline in drug use, there are continued high rates of non-medical use of prescription medications, especially opioid painkillers. For example, in 2005, 9.5 percent of 12th graders reported using Vicodin in the past year, and 5.5 percent of these students reported using OxyContin in the past year. Long term trends show a significant increase in the abuse of OxyContin from 2002 to 2005 among 12th graders. Also of concern is the significant increase in the use of sedatives/barbiturates among 12th graders since 2001.

"I'm pleased to see the decreased drug use noted in this survey; however, the upward trend in prescription drug abuse is disturbing," says NIH Director Dr. Elias Zerhouni. "We need to ensure that young people understand the very real risks of abusing any drug."

"While cigarette smoking is at lowest levels in the history of the survey and overall drug use among teens and adolescents is continuing to decline, there remain areas of concern with specific drugs of abuse such as prescription painkillers," says Dr. Nora D. Volkow, director of the National Institute on Drug Abuse (NIDA), National Institutes of Health. "Prescription drugs are very powerful medicines that are effective when used properly and with a doctor's supervision. Using these drugs without a prescription is dangerous. It's imperative that teens get this message."

Among the survey's findings were the following changes from 2004 to 2005:

- Lifetime use of cigarettes declined 2 percent among 8th graders; declined 1.7 percent among 10th graders; and declined 2.8 percent among 12th graders;
- Past year use of alcohol was down 2.7 percent among 8th graders; down 1.5 percent among 10th graders; and down 2.1 percent among 12th graders;
- Lifetime use of methamphetamine fell 1.2 percent among 10th graders and fell 1.7 percent among 12th graders;
- And past year use of steroids declined 1.1 percent among 12th graders.

MTF is one of three major HHS-sponsored surveys that provide data on substance use among youth. Its website is <http://monitoringthefuture.org>.

National Center for Victims of Crime Training Institute

02/15/06 - 02/17/06 Los Angeles, Calif.

http://www.ncvc.org/ncvc/main.aspx?dbID=DB_2006TI195



The Nation's Prison Population Continues Its Slow Growth

<http://www.ojp.usdoj.gov/bjs/press.htm>

Family & Corrections Network

Since 1983 Family and Corrections Network has provided ways for those concerned with families of prisoners to share information and experiences in an atmosphere of mutual respect. We have done this through publishing, sponsoring conferences, liaison with other agencies, presentations, and consultation. We have published information on children of prisoners, parenting programs for prisoners, prison visiting, incarcerated fathers, hospitality programs and a variety of other topics. We are a low overhead, volunteer organization with a vital mission.



<http://www.ojp.usdoj.gov/bjs/press.htm>



Technology For Corrections

The only publication focused exclusively on monitoring technology and its use in enhancing public safety. Follow the link below for more information on this article.

<http://www.ojp.usdoj.gov/bjs/press.htm>

Journal of Offender Monitoring: Another Interesting Website

<http://www.civicrosearchinstitute.com/co16.html>



Probation Reform: Is Zero Tolerance a Viable Option?

Can community supervision compete with incarceration as a means of crime control? According to NIJ-funded researcher Mark Kleiman, "If we get [community supervision] right, we could cut incarceration by 50 percent, have less crime rather than more crime, and spend the same amount of money." Read more from Kleiman's discussion with probation and parole practitioners at this Vera Institute of Justice Research and Practice Forum: [*Probation Reform: Is Zero Tolerance a Viable Option? \(Adobe Acrobat File\)*](#).

The National Institute of Justice is accepting proposals to conduct comprehensive evaluations of promising violence prevention programs. The submission deadline is February 24, 2006.

<http://www.ncjrs.gov/pdffiles1/nij/sl000732.pdf>



The Moment of Change: Intervention for Addiction and Mental Illness

02/20/06 - 02/22/06 Santa Monica Calif. <http://www.dualdiagnosis.org/index.php?id=15>



Blueprints Conference to Disseminate

On March 13-15, 2006, in Denver, CO, the Blueprints for Violence Prevention Initiative at the Center for the Study and Prevention of Violence will hold the [2006 Blueprints Conference](#). The goal of the conference is to disseminate science-based information on youth violence, delinquency, and drug prevention programs.

Speakers will include J. Robert Flores, Administrator, Office of Juvenile Justice and Delinquency Prevention; Delbert S. Elliott, Executive Director, Center for the Study and Prevention of Violence; and J. David Hawkins, Founding Director, Social Development Research Group.

To obtain further information about the conference and to register online, please visit the conference Web site at <http://www.blueprintsconference.com>.

Advancing Community Corrections Supervision Practices

The American Probation and Parole Association (APPA) is pleased to announce that it has recently received a grant from the U.S. Department of Justice, Office of Justice Programs, Bureau of Justice Assistance (BJA) to conduct a project to accomplish two goals:

- Identify issues in the supervision of sex offenders in rural areas, and
- Review a document on electronic supervision, update the information on new or improved technologies, and discuss the application of electronic supervision to the management of sex offenders and other high risk offenders.

For more information, please contact:

Ann Crowe, Senior Research Associate
American Probation and Parole Association
Phone (859) 244-8198, Fax (859) 244-8001
Email: acrowe@csg.org



http://www.appa-net.org/grant%20and%20special%20projects/Supervision_Practices.htm



Crime is a complex issue and it demands comprehensive and complex solutions. The National Probation Service (NPS) is a major component in reducing crime.

The 19,000 staff of the NPS, and their colleagues in other organizations who support their work, are committed to minimizing the impact of crime on communities and especially victims who have been touched by serious violent or sexually violent crimes. They are actively committed to rehabilitate offenders given community sentences and those released from prison; to enforce the conditions of their court orders and release licenses and to take whatever steps in their power to protect the public.

This website is designed to provide access to information about the service, its work and its effectiveness and to act as a reference point for further information. Follow the link below for more information on this organization.

<http://www.probation.homeoffice.gov.uk/output/Page1.asp>

American Correctional Association Winter Conference 2006

01/28/06 - 02/01/06 <http://www.aca.org>

Announcements



Webcast on Reentry Issues

NIJ collaborated with Harvard University's Government Innovators Network to produce the November 9 webcast Prisoner Reentry: Facing the Challenges of Returning Home. The event addressed the challenges former prisoners face in reintegrating into society and finding adequate housing upon release from prison.

Access the archive at: http://www.innovations.harvard.edu/mmedia_preview.html?id=9506



State Victim Assistance Academy

The Minnesota Office of Justice Programs (OJP) has received a grant from the Office for Victims of Crime to develop and implement a [statewide victim assistance academy](#). This project is being developed in academic partnership with St Cloud State University. The goal of the academy is to offer standardized education for victim service providers and allied professionals in Minnesota. By attending this academy, a participant will receive an academically based, multi-disciplinary education to assist in providing services to victims of crime. The academy will be held August 6-11, 2006 at the St Cloud State University Campus

Training Topics - [Register Now](#)

click Topics for descriptions



General

- [Evidence-Based Practices in Corrections](#) - [\(pdf\)](#), [\(online\)](#)
- [Managing Sex Offenders' Computer Use](#) - [\(pdf\)](#), [\(online\)](#)
- [Practicing Prevention](#) :
Contributing to the Safety and Vitality of Your Community
- [Real World Motivational Interviewing](#) - [\(pdf\)](#), [\(online\)](#)
- [Results Driven Management in the Public Sector](#)
- [Supervising the Sexual Offender](#) - [\(pdf\)](#), [\(online\)](#)
- [Survival Skills for Middle Managers](#) :
Out of the Frying Pan Into the Fire! - [\(pdf\)](#)
- [Survival Spanish for Probation and Parole Officers](#)

<http://www.appa-net.org/Training%20and%20Tech%20Assistance/professi.htm>

Again-here is the link. I want to make the above links active? Did I do something wrong? Or are they active?

National Institute of Corrections
Hosted "Corrections Forums"

E-mail-based discussion forums covering a variety of fields and topics.

There are a variety of forums to join for anyone in the field of corrections.

Click on the link for more information.

http://www.nicic.org/WebGateway_186.htm

Lawyer's Question: Are you qualified to give a urine sample?

Answer: Yes, I have been since early childhood.

Training and Education Committee report

Happy New Year!

MACPO Training and Education committees have been busy preparing for 2006 conferences. If you have not already see the brochure for the MACPO/MCA Joint winter conference, it can be see on the website. The dates are February 16 and 17, 2006 at the Holiday Inn Select in Bloomington (Mall of America and Airport location). This year the workshops are; " A Look at Probation Search and Seizure and How to Stay Safe", "Identifying the Drugged Person" and "Body Language-Nonverbal Communication". Hurry, registration deadline is February 2nd. Hospitality, on the evening of Thursday the 16th, will again be hosted by McCrossan Boy's Ranch.



Traci Green
Brown County Probation

Mark your calendars for the spring conference on May 24-26, 2006 at Arrowwood. It is not to late to get involved in the MACPO Training and Education Committee, contact me if you are interested.

Traci

Legislative Committee Report

With the Legislative session starting on March 1st, we have been gathering information and promoting our legislative initiatives. A meeting with DOC in October informed us that we are even worse off in our CPO reimbursement than we previously thought. We are short \$1.2 million for 2005 salaries and even more for the 2006 salaries. This will be a key issue for this session.

As you may know, our "alcohol fee" initiative has the potential to generate huge amounts of new funds for local Consolidated Chemical Dependency Treatment Funds (CCDTF). These funds will be used for chemical dependency treatment for probation clients as well as other county residents. Accordingly, our entire December meeting was devoted to a question and answer period with DHS experts on the CCDTF, in an effort to increase our Committee's knowledge about this important funding mechanism. During the Fall months, our lobbyist, Sherry Munyon of Capitol Hill Associates, has been actively meeting with key organizations prior to the final drafting of our "alcohol fee" bill.

Our annual "Capitol Day" event is scheduled for March 29th at the Kelly Inn by the Capitol in St. Paul. Please mark down the date of this important opportunity to meet with I legislators and discuss issues impacting Minnesota probation. This event has been very successful in the past few years, but it requires continued support and attendance from MACPO membership.



Steven Paquay,
MACPO Legislative
Committee Chair

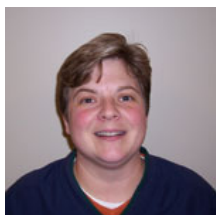
Lawyer's question: Doctor, how many autopsies have you performed on dead people?

Answer: All my autopsies have been performed on dead people.

Membership Committee Report

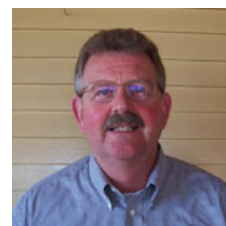
Jill Arbeiter , Chuck Kitzman

Since the last MACPOST issue, the membership committee continues to attend career fairs at various colleges/universities promoting MACPO and our profession in general. Committee members have updated our College / University contact list and developed a handout designed to encourage student MACPO membership. We continue to seek ways to build our membership.



Jill Arbeiter
Co-Chair

We are also planning our involvement with the upcoming Winter and Spring conferences. At the Winter conference, we will offer reduced prices on MACPO polo shirts and will also have a limited number of MACPO jackets available for purchase. We plan to offer new clothing items at the Spring Conference.



Charles Kitzman
Co-Chair

Treasurers' Report

Well the New Year has started and all is well. From a fiscal standpoint not much has changed. The volume of items' crossing my desk seems to have slowed down a bit. July will be a whole different story I am sure.

Our second annual Support Staff Conference was an enormous success. We drew numerous support staff from around the state. We projected \$5,800 in revenue and actually received \$7,550.00. Les Schultz did an outstanding job of coordinating the event.

Our Bremer Certificate of Deposit matured October 5, 2005. We reinvested in another CD with some additional capital, for a total of \$25,000 through Affinity Plus. Affinity Plus offered attractive interest rates and flexibility in no fee deposit and withdrawal options.

Here are our current fund balances as of January 11th, 2006

Wells Fargo Checking	\$16,659.13
Wadell & Reed Money market Account	\$16,686.23
Wadell & Reed Bond Fund	\$9,862.40
Affinity Plus Certificate of Deposit	\$25,161.77
Total of all accounts	\$68,369.53



Jeremie Reinhart
Pine County Court
Services

Drinking: Men and Women are Unequal

By David J. Hanson, Ph. D.

When it comes to alcohol, men and women are inherently unequal and no legislation can impose sexual equality on them. It's absolutely essential for the health and safety of women to understand this inequality and act accordingly.

Contrary to common myth, not even men and women of the same height and weight experience the same effects from consuming identical amounts of alcohol.

Women are affected by alcohol more rapidly because they tend to have a higher proportion of body fat than men. As fat cannot absorb alcohol, it is concentrated at higher levels in the blood. Women also have less of a gastric or stomach enzyme (dehydrogenase) that metabolizes or breaks down alcohol before it enters the bloodstream. Because of this, women absorb up to nearly 30% more alcohol into their bloodstream than men of the same height and weight who drink the same amount of alcohol. Women are also usually shorter and lighter than men, further concentrating alcohol in their blood. Therefore, when women of average size consume one drink, it will have almost the same effect as two drinks do for the average-size man. If women eat little or skip food entirely, that compounds the effects of drinking alcohol.

Hormone changes during the menstrual cycle can also affect alcohol metabolism adversely, increasing the impact of alcohol.

The bottom line is that a woman who hopes to "hold her own" in drinking against a man is putting herself at great risk.



The Cool Spot was created for kids 11-13 years old by the National Institute on Alcohol Abuse and Alcoholism (NIAAA). The NIAAA is the lead U.S. agency supporting research into the causes, prevention, and treatment of alcohol problems. It is a component of the National Institutes of Health, within the U.S. Department of Health and Human Services.

<http://www.thecoolspot.gov/>

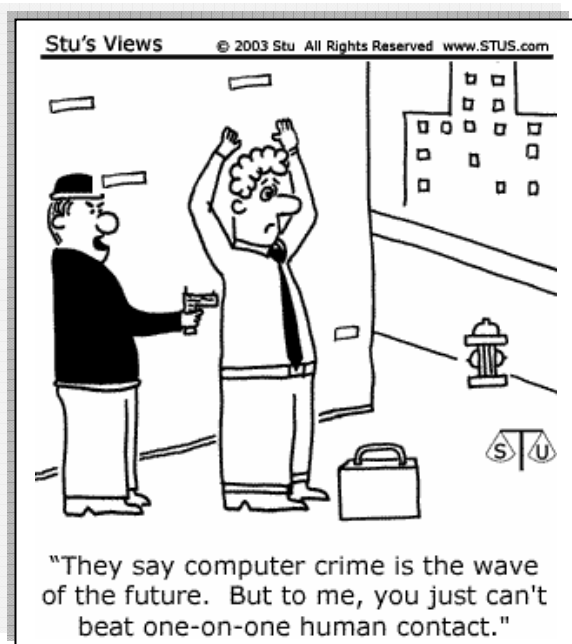


31st Annual Training Institute
Chicago, Illinois July 23-26, 2006

Another great site for kids-lots of graphics and color on the site. Good information. They have polls, poetry, and true stories as well as facts. It is a very fun site that kids will get into using and exploring.

<http://www.freevibe.com/index.aspx>





Lawyer's Question: Mrs. Jones, is your appearance this morning pursuant to a deposition notice which I sent to your attorney?

Answer: No. This is how I dress when I go to work.



Job Application

An applicant was filling out a job application. When he came to the question, "Have you ever been arrested?" he wrote, "No."

The next question, intended for people who had answered in the affirmative to the previous question, was "Why?"

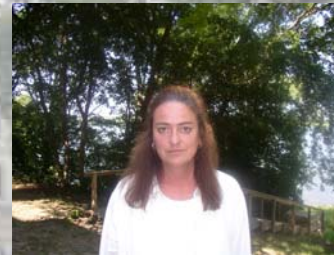
The applicant answered it anyway: "Never got caught."

I hope that you are enjoying the new look of the Macpost. I am trying to make each issue informative and fun. Check out the great links found throughout this issue. If you have any feedback, complaints or suggestions, please feel free to e-mail me at ariley@co.chisago.mn.us . I would love to hear from you.

Please pay attention to the announcement on the front page that the MACPO Bylaws are in the process of being modified. The board recently sent an e-mail to all the membership with the proposed changes. Study them as we will be voting on the amendments at the spring conference.

Also, our joint MACPO/MCA conference is just around the corner- February 16-17, 2006 in Bloomington at the Holiday Inn Select. The Training Committee has, once again, done a wonderful job of bringing us quality training on pertinent issues. You are able to register online on our website. Hope to see you all there!

Anne Riley



Anne Riley
Chisago County Court Services

The website communication committee of two has been working hard at a new web design that will be more interactive and useful for probation agents. Keep an eye out for the layout in February or early March.

We are getting more and more vendors advertising on our website, be sure to check it out. It is very useful if you need a quick telephone number or address. Many vendors have links to their website where you can access admission forms and program information. Check it out at <http://www.macpo.org/vendor/default.htm>

Les Schultz
Communication Committee Co-chair