



MACPOST

Minnesota Association of County Probation Officers

Spring 2021

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FROM THE PRESIDENT

JIM SCHNEIDER, CASS COUNTY PROBATION

Greetings from Cass County. The lakes have lost their ice, the robins have returned, and the crab trees are blooming; a sure sign of the change of seasons. Another sign of positive change is the infection rates of the COVID-19 virus. Great job Minnesota on “rolling up your sleeves.”

As we move to the backside of the pandemic, we are collecting data and forming groups to find the “silver lining” of lessons learned. We were forced to look differently at the way we complete our work. In doing so we learned video technology is an improvement to our process, although returning to face-to-face interaction continues to be the most effective means of achieving reduction in recidivism.

The legislative session is drawing to an end. A milestone was reached on May 17th when agreements were made between the branches of government on budget targets. Compromise is the promise of our democracy. Reform, renew, and invest seem to be the pillars of this legislative session.

Take some time now to make plans for summer. Enjoy Minnesota’s landscape and take advantage of our state. By doing so, we can also reform, renew, and invest in our probation profession. Stay safe and God bless.

MCA's PRESIDENT MESSAGE

Mark Bliven, 2021 MCA President

As we make progress on dealing with Covid-19 we are also preparing ourselves to respond to the upcoming verdict in the Derek Chauvin trial and the fallout from the tragic police shooting death of another young man, Daunte Wright - father, son, and brother.

The disparate treatment of people of color is a fact of our society. It is something we need to respond to in a way that moves us to a society that values everyone in an equitable manner. We in Minnesota will be in the national spotlight with our moves and responses under a level of scrutiny that will affect us deeply in our jobs and entire lives.

We can't dismiss these issues as only applying to those serving in law enforcement positions. We are all accountable for how the criminal justice system works for those in the shadows as well as those who enjoy the sunshine of opportunities and achievements.

Those of us in the corrections field along with the many supporting community partners can continue to demonstrate and lead in restorative and transformative ways. We must hold ourselves accountable but also make sure we are supportive of those affected by the fear and trauma imposed by these continued inequities in our community.

Communication, outreach, and a willingness to simply listen is the way we can move forward with real change. We are stumbling but there is no shame in dedicated attempts to address these issues if they are sincere moves forward.

As I see a number of great people retire and move out of the corrections field I want us to make sure we are supporting those in the early stages of their corrections careers. Whether just starting in the treatment world, social services and housing, facility operations, community corrections, or one of many other fields all contributing to transitions to a more successful life we need to make sure that the veterans in the field support the future of our business. Nothing is more important than a warm hand-off of our responsibilities, passion, knowledge, and skills. That should be our goal along with making sure today that we enjoy and celebrate our contributions as we operate in this field but inevitably move on one day.

Our trainings, publications, and simple daily interactions are what make us successful and worthy of thanks for a job well-done. Please remember to give thanks and understanding to your colleagues who are working in this field in these stressful times.

MAPSA's PRESIDENT MESSAGE

Travis Fisher, 2021 MAPSA President

An update was not available at the time this edition was completed. Please watch for the next MACPOST newsletter for an update.

MACCAC's PRESIDENT MESSAGE

Carli Stark, 2021 Director and Legislative Liaison

Happy Spring from MACCAC!

The trees are green, the wildflowers are in bloom, and Minnesota is becoming even more beautiful by the day. The beauty of nature reminds me to slow down, take breaks, and practice self-care.

This last year (and then some) has been incredibly difficult for everyone. Clients, colleagues, family, and friends have likely come to you for support with their struggles. If you are anything like I was when I worked with clients, you care deeply about your work and the people you are trying to serve. When you care that much, it's easy to forget to take care of your own needs because you're so busy worrying about everyone else. It's important to remember that even though the last year has been hard on everyone else, it's likely also been hard on you!



Though self-care is a topic of almost every conference for probation professionals, it's always worth reminding yourself that it's important and takes proactive effort to take a break to recharge. Once you recharge and take care of your own needs, you will be ready to go back out and conquer the world and help those in our communities that need it the most.

So here is your reminder: take a deep breath, smell the flowers, and soak up the sun while you can!

MACCAC has been busy at the legislature advocating for increases in community supervision funding for counties, along with our partners at MACPO. Though the budget bills did not pass during the regular 2021 session, we are hopeful that funding will remain in final budget bill when a special session starts in June. Until then, we will continue to work with MACPO leadership to ensure that increases to both the CCA subsidy and CPO reimbursement are included in the final omnibus bill.

Our organization has also been working with our MACCAC Race Equity Committee to create a framework for evaluating and implementing equity principles within counties throughout the state. We believe the time for action is now and are trying to find proactive ways to ensure that disparities in the criminal justice system do not continue and that all agents throughout the state are equipped with the tools and resources they need to use evidence-based practices.

Though we do not currently have any planned trainings for 2021, MACCAC is excited and hopeful that the 2022 Agent Conference will be back in St. Cloud in late February 2022. Thank you to all the MACPO agents and staff that attended the 2021 Agent Conference online!



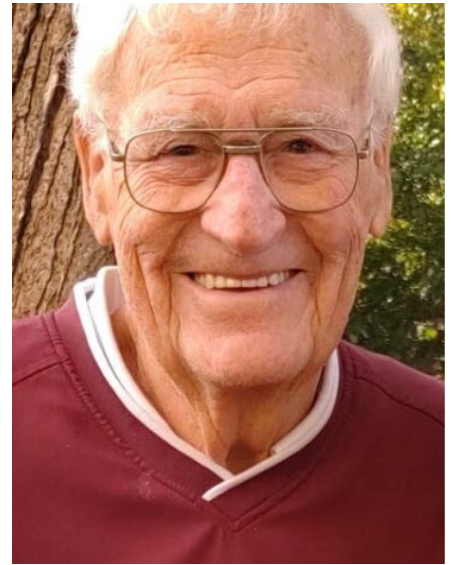
REMEMBERING JOHN THOMAS JETTE

John Thomas Jette, age 85, of Austin, passed away Tuesday, April 13, 2021, at home after an eleven month battle with pancreatic cancer.

John was born October 28, 1935 in Tracy, Minnesota to Orville and Alice (Silver) Jette. He graduated from high school in 1954 with the title of Athlete of the Year. John enjoyed a variety of sports growing up and spent his youth with many cousins in the neighborhood.

John was drafted into the army in October 1954 and honorably discharged in October 1956. He spent a year and a half in Germany and explored Europe, traveling to Paris, London, Scotland, Switzerland, and Rome. After the[MS1] army he attended St. John's University in Collegeville and then transferred to Mankato State

College. On August 29, 1960 he was united in marriage to the love of his life, Rita Wenkel at Holy Rosary Church in North Mankato. John graduated college in 1960 and in July 1960 he started work for Blue Earth County in Mankato as the Assistant Juvenile Probation Officer. In December 1961 he was appointed Chief Probation Officer of Mower County and later named Director of Court Services. John was president of the Minnesota Association of Probation Officers and president of the Minnesota Correction Association. He deeply cared for those he served and was devoted to helping those who needed guidance. John retired December 31, 1992.



After retirement, John and Rita spent nearly 30 winters in Gulf Shores, Alabama. He was delighted to spend those warm days golfing, chatting with his friends, and hosting visits from family. In Gulf Shores, John could also be counted on to selflessly volunteer his time and energy serving those who worked in the fire station and church.

He was an avid fan of all sports and was especially interested in cheering on the Minnesota Gophers, Twins, and Vikings. John was a devout and faithful Catholic. He valued faith and family above all else. As an active parishioner of Queen of Angels Catholic Church, John served as a lifelong lector and assisting every Priest. He was kind and generous, always lending a helping hand to anyone who needed it. John found joy in and dedicated his time and love to the relationships he had as a husband, father, grandfather, and great grandfather. His love for his family was the center of his life, strong and unwavering. His storytelling capabilities and sense of humor, present until the very end, were exceptional and provided those who knew him with endless amounts of smiles and laughter.

Survivors include his wife of 62 years, Rita; children, Mike Jette, Forest Lake, MN, Mary Jette (Dale Bierbaum), Elgin, MN, Jean (Ron) Filbert, North Glen, CO, Greg (Teresa) Jette, Austin, MN, Teresa (Lawrence) Williams, St. Louis Park, MN, Chris (Trish) Jette, Farmington, MN, Steve (Tina) Jette, Fairmont, MN, Ann Jette (Marc Shapiro), Austin, MN; grandchildren, Meghan (Adam) Sances, Mallory (Aaron) French, John Filbert, Amanda Filbert (Nick) Willis, Stephen Filbert, Luke Royce, Lauren Royce, Anna Williams, Claire Williams, Alison (Rex) Jette Nelson, Lauren Jette, Tyler Jette, Nathan Jette, Dylan (Kelly) Hueman, Sydney Jette (Trevor Filzen), Alex Jette, Jenna Jette, Sean Shapiro; great grandchildren, Paige and Piper Sances, Penelope and Charlotte Willis, Jett French, Liam Filzen, baby boy Filzen due in August. He is preceded in death by his parents, Orville and Alice Jette; brothers, Orville "Bud" Jette, Beryl Jette; sisters, Alice Mae Lang, Mary Delores Weedman.

LEGISLATIVE COMMITTEE

Margaret Munson

There are not any current updates, other than the Capitol Day updates. See below.

COMMUNICATIONS COMMITTEE

Devin Petersen, Pine County Probation

Michelle Pramann, Wright County Court Services

Greetings from the Communications Committee!

We have been busy creating training events, managing the MACPO website, and keeping our membership informed of job opportunities and other news. Our world is increasingly becoming virtual-based and we have adapted to meet membership needs.

A few updates from our committee. . . Michelle Pramann, from Wright County Court Services, has been with us for several years. Michelle will now be the Vice-Chair of the Communications Committee. Additionally, we have two other amazing people we are fortunate to have on our committee: Joannie Gontarek, from Otter Tail County Probation, and (new member) Christopher Stolan, from Pine County Probation.

If anyone is interested in joining a MACPO Committee, we may have room for you on one of our committees – just reach out to us at MACPO@MACPO.net.

We look forward to seeing all of you at the Fall Conference – **sign up today!**



MEMBERSHIP COMMITTEE

Danni Bristol, Jackson County Court Services

I would like to welcome the newest member of our Committee, Melissa Esperum from Minnesota Adult and Teen Challenge!

The 2021 Memorial Scholarship application will be opening in June. Please watch for eligibility and application process to be posted soon. Please spread the word to interns and students you know. We have continued to have a great number of applicants for the last several years. The Scholarship will remain open until November; all criteria for applicants can be found on the MACPO Website! The scholarship committee includes three members who review the applicants and make a recommendation to the membership committee. The point of contact for this is Emily Ostlund and she can be reached at emily.ostlund@co.goodhue.mn.us.

We are moving forward with purchasing some new clothing to have at our Fall Conference! We still have several items of clothing from previous years to purchase on our website. Those items are available at anytime for you to order.

I hope that you all have a safe and enjoyable Summer. I am looking forward to seeing you at the Fall Conference!

TRAINING AND EDUCATION COMMITTEE

Michelle Nistler, Cass County Probation

Jill Ferretti, Brown County Probation

Our committee is looking forward to seeing everyone at the Annual Conference this year at Madden's Resort in Brainerd, September 15-17, 2021. If you have not already registered, please do so. Madden's has rooms on hold for conference attendees. These rooms will remain on hold until July 15, 2021. It is important to make your reservations before then to ensure you can stay onsite. After July 15th you will be subject to availability. Due to moving our conference from May to September this year, some of the lodging rooms are not located in the usual conference area. So, if you are placed a little further away from the conference site this year, please hang in there with us and know that in 2022 we will all be placed closer with most having lake view rooms.

Our conference has some exciting speakers this year. Thanks to all the vendors who have already signed up to support the conference. We are excited to be able to offer the golf tournament this year. Practice your swing while we finalize all the details.

The Support Staff Conference will be held October 13, 2021, at the Wright County Government Center. The speakers have been booked, watch for registration to open in early August.

The committee is already busy planning the Spring Conference for May 18-20, 2022, stay tuned for details. If you have speaker ideas and/or topics you would like to share with your fellow probation officers, please contact Michelle (michelle.nistler@co.cass.mn.us).

CPO DIRECTOR'S COMMITTEE

Terry Fawcett, Director of Pine County Probation

Greetings! As my time on the MACPO Executive Board draws near, I wanted to thank all of those that I have worked alongside the past few years. MACPO is truly a blue collar, hardworking, close-knit group that gets things done.

Some good things are happening on the State level. The Delivery System Standards and Funding Policy Workgroup is working hard to introduce legislation by January 2022 for a more fair and equitable system of delivering sound correctional services across the state. Trust me when I say that your MACPO leadership will ensure that rural Minnesota will have a voice and will continue to remind the Commissioner of Corrections that services shouldn't be cut or unfunded just because a client isn't deemed to be high risk. If we aren't in this business to take care of our high needs folks and try to stop unhealthy behaviors at the juvenile level, then we shouldn't be doing this work.

I'm sad to be losing Mille Lacs County and Nicollet County to the CCA Delivery System and DOC Contract. While these counties have chosen another delivery system, their friendships will remain. I wish Cara and Rich and their staff well going forward. We are always here for anything you need!

CAPITOL DAY 2021

Notes provided by Margaret Munson, Wright County Court Services

MACPO – MACCAC – MCA partnered to offer Capital Day in virtual zoom. There was an awesome turnout with a total of 66 members, legislatures, and community partners.

Commissioner Paul Schnell kicked off the day with the keynote. He thanked everyone for their service to corrections. He spoke about the upcoming budget, Office of Management and Budget will be releasing the projected numbers on Friday. He noted that the DOC has made some major changes to reduce their budget. He was committed to work with all three delivery systems to look at keeping funding for all systems. He went on to talk about Justice Reinvestment and really looking at the services that are provided. Justice Reinvestment is based on the keeping the person out of the facility and coming up with a value to that and splitting that money to 1) victim services 2) field services 3) gap services (i.e.: CD, housing, mental health etc.), 4) general fund. Initiative's the DOC is working on is jail inspection reform, juvenile legislation looking at reform to life sentences and shackling, re-entry, pregnant mom program in Shakopee (keeping mothers connected with their children). He noted he is committed to continue to work together with all three delivery systems.



Chair House Public Safety Representative Carlos Mariani thanked all corrections persons for their service. He noted things are moving fast right now, the first deadline for bills is March 12, 2021. The committee is focusing on budget, expectation of service and effectiveness, re-entry services. He appreciates the presentation of the corrections partners and keeping him and committee informed of the needs of corrections.

Representative Dave Pinto – Public Safety Committee, he is working on human trafficking bill, reforms to juvenile justice (shackling and searching), supports moving age to charge a juvenile from 10 to 13, change to gross misdemeanor cap from 365 to 364 to align with federal law, change in sex offender statute in regards to sexting and the collateral consequences.

Representative Marion O'Neill – she appreciates the excellent work we do in corrections. She is working on the sex offender statute, looking at technical violations and keeping those persons out of the facility and in the community but assisting the community resources to increase the availability/access. Supporting the Justice Reinvestment idea that Commissioner Schnell is looking at. Basically, funding stays with the offender so they can get the help and have the resources available.

Chair Senate Judiciary and Public Safety Committee Senator Limmer – committee is very funding focused for prison staff. Will address some policy if it is urgent to health and/or safety of Minnesota citizens. In support of Felons voting after they are discharged from probation.

Representative Brian Johnson – Noted he is aware that MACPO is not funded at 50% reimbursement. He thanked probation officers for the job they do. Wants to see increase in funding for all correction systems. Would also like to see some consistency in length of probation and early release. He is aware some departments that are doing it but it is not consistency across the state. He noted that probation officers that do not fit the rule of 90 and there is no early retirement clause.

Representative Grossel – sponsoring HF 229 regarding sexually explicit materials involving children in creation, distribution, and possession to increase the penalties. Also, spoke about supporting increase in correctional funding.

Senator Karla Bigham – spoke about her support on bail reform and reform in terms of probation lengths.

Mark Blevins – MCA Legislative Chair laid out the top 3 priorities of MCA as 1) mental and chemical health services 2) offender re-entry 3) smart sentencing and supervision.

Thank you to Cal Saari, MCA Legislative Liaison for his excellent work putting Capital Day together and getting our legislators involved.

TIPS FOR RETURNING BACK TO NORMAL

<https://coronavirus.beyondblue.org.au/covid-normal/workers/strategies-for-transitioning-back-into-the-workplace-after-coronavirus.html>

Remember, just because you may be returning back to the office in person, it's okay to take time for yourself and to feel anxious. These tips will help you manage your mental health as you transition back into the physical workplace.

Prioritize self-care by maintaining positive habits

While lockdown was very difficult in most respects, there have been some silver linings. With more spare time, many of us picked up new hobbies or reignited old passions. It could be painting, reading, cooking, meditating, even your newfound love for jigsaw puzzles. It's still important to prioritize self-care, so continue the things that put you in a good headspace.

Even if you're likely to be shorter on time, don't abandon these behaviors. Even if it's something as simple as still taking the morning walk around the block that is now part of your routine. There are practical tools available too. HeadGear is a free app that lets you complete activity-based challenges to build mental fitness.

Lockdown has helped many people put the important things into perspective, so try not to lose that as you ease back into your 'old' life.

Manage your information intake

During the coronavirus pandemic, we've become accustomed to updates from the media on virtually everything on a regular basis. Make sure you're getting your information from reliable sources and remember that advice from regulators and government is designed to enable safe ways of working.

When it comes to your own workplace, you will likely have plenty of questions. It may be frustrating but try to embrace the information provided by your employer, rather than trying to guess or predict what will happen down the track.

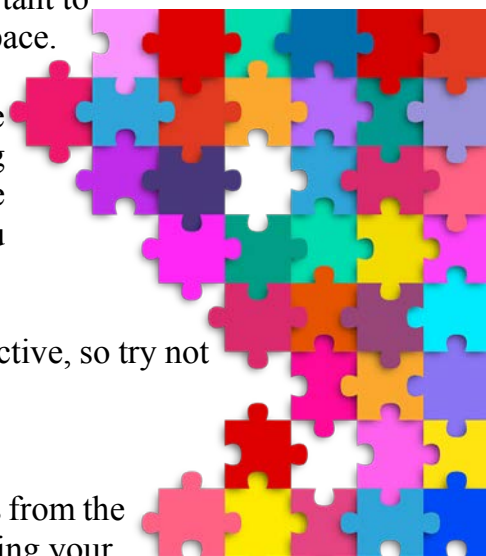
This will help you avoid unnecessary stress about things you can't control.

Understand what constitutes a mentally healthy workplace

With so many people working from home full time over the last few months, the grey area between professional and personal has been blurred like never before. While unemployment has been an unfortunate by-product of COVID-19, plenty of businesses were - and continue to be - super busy in response to the coronavirus, and some employees have been working longer hours than normal.

Everyone has a role to play in helping create to a mentally healthy workplace. With so much change to our ways of working, this period of transition is the ideal time to make sure you're across workplace mental health risk factors, in order to avoid them.

By doing so, you can reduce the likelihood of burnout and increase job satisfaction.



Celebrate the opportunity to reconnect

There have been a few perks associated with working from home, such as no commuting and additional spare time, but we've also lost a lot. This includes things most of us probably took for granted, such as morning coffee runs with colleagues or staff drinks (that aren't over Zoom) at the end of a long week. Even just being able to talk to a co-worker to ask a quick question or have a chat has been missed.

So, when the time does come to return to the office or the worksite, enjoy the little things that have been absent over the last three months. Take the time to have that one-on-one conversation with a colleague. Visit your regular café, just like you used to.

They might seem small, but these actions can help with establishing some normality back into your routine.

AGENT WELLNESS: OFFICER SAFETY

Source: Terry Fawcett, Director of Pine County Probation & Michelle Pramann, Wright County Court Services

What is Complacency?

A feeling of contentment or self-satisfaction, especially when coupled with an unawareness of danger, trouble, or controversy. It can take place at work and/or at home.

How to Overcome Complacency

1. Go from reactive to proactive
2. Change up your daily routine, not just at work
3. Communicate safety to your family
4. Personal commitment
5. Safety talks - make it a part of every meeting
6. Job shadowing - learn from others

You have to remember that nothing is routine!! When you least expect it, expect!! Example: weapons can easily be hidden. This may look like an ordinary belt, but the pictures to the right are of a belt that was taken off a person taken into custody.

Inhibitors to Our Safety and the 3-5 Rule

There are many factors that are inhibitors to our safety. Your home, family, reputation, career, health, and even your dignity are just some of those factors.



Know the 3-5 rule: most attacks last 3-5 seconds; most occur within 3-5 feet; and most assailants get off 3-5 blows, stabs, or shots.

Diffusion Questions

If you ever get in a situation where a client becomes very upset, try using these questions to help diffuse the situation.

- *What do you want?*
- *What are you doing?*
- *Is this helping?*
- *Make a better plan (offer a non-violent option)*
- *Tell them you will help them...BUY TIME!*

Be Mentally Aware

Remember to show respect to establish positive bonds and keep your escape routes open. Don't escalate the situation by your behavior. Always be aware of where you park and the people around you. Look in your car prior to entering. Expect the unexpected and have a plan so you're prepared to act.

KRATOM – WHAT YOU NEED TO KNOW

Source: Department of Justice/Drug Enforcement Administration – April 2020

What is Kratom?

Kratom is a tropical tree native to Southeast Asia. Consumption of its leaves produces both stimulant effects (in low doses) and sedative effects (in high doses), and can lead to psychotic symptoms, and psychological and physiological dependence. Kratom leaves contain two major psychoactive ingredients (mitragynine and 7-hydroxymitragynine). These leaves are crushed and then smoked, brewed with tea, or placed into gel capsules. Kratom has a long history of use in Southeast Asia, where it is commonly known as thang, kakuam, thom, ketum, and biak. In the U.S., the abuse of kratom has increased markedly in recent years.

How is it abused?

Mostly abused by oral ingestion in the form of a tablet, capsule, or extract. Kratom leaves may also be dried or powdered and ingested as a tea, or the kratom leaf may be chewed.

What are the effects?

At low doses, kratom produces stimulant effects with users reporting increased alertness, physical energy, and talkativeness. At high doses, users experience sedative effects. Kratom consumption can lead to addiction.

Several cases of psychosis resulting from use of kratom have been reported, where individuals addicted to kratom exhibited psychotic symptoms, including hallucinations, delusion, and confusion.

What does it do to the body?

Kratom's effects on the body include nausea, itching, sweating, dry mouth, constipation, increased urination, tachycardia, vomiting, drowsiness, and loss of appetite. Users of kratom have also experienced anorexia, weight loss, insomnia, hepatotoxicity, seizure, and hallucinations.



What is its legal status?

Kratom is not controlled under the Controlled Substances Act; however, there may be some state regulations or prohibitions against the possession and use of kratom. The FDA has not approved Kratom for any medical use. In addition, DEA has listed kratom as a Drug and Chemical of Concern.

SONGS TO BOOST MOOD AFTER A LONG DAY

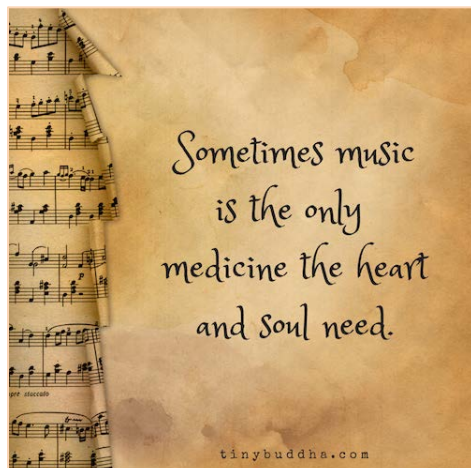
Sources: <http://newsroom.afba.com/military-life/active-duty/blog-10-songs-to-relax-to-at-the-end-of-the-day/> and YouTube's Friday Afternoon Work Playlist

Need a little pick-me up after a long day at work? Try listening to one of these songs to boost your mood.

1. 'Wake Me Up' by Aloe Blacc
2. 'Free Fallin' by Tom Petty
3. 'Ho Hey' by The Lumineers
4. 'Brown Eyed Girl' by Van Morrison
5. 'Island in the Sun' by Weezer
6. 'Tiny Dancer' by Elton John
7. 'Knee Deep' by Zac Brown Band
8. 'Let it Be' by the Beatles
9. 'Landslide' by Fleetwood Mac
10. 'Sunday Morning' by Maroon 5
11. 'La Bamba' by Los Lobos
12. 'Play that Funky Music White Boy' by James Brown
13. 'I'm Coming Out' by Diana Ross
14. 'I Wanna Dance with Somebody' by Whitney Houston
15. 'Dancing in the Moonlight' by Toploader
16. 'Walking on Sunshine' by Katrina & the Waves
17. 'Respect' by Aretha Franklin
18. 'Ain't No Mountain High Enough' by Marvin Gaye & Tammi Terrell
19. 'Sweet Home Alabama' by Lynyrd Skynyrd
20. 'Foot Loose' by Kenny Loggins



21. 'Send Me on My Way' by Rusted Root
22. 'I Want You Back' by The Jackson 5
23. 'Party in the U.S.A.' by Miley Cyrus
24. 'Beautiful Day' by U2
25. 'Summer of '69' by Bryan Adams



Hospitals Give Out Doses of Antidote to Fight Opioid Crisis

Source: <https://www.kare11.com/article/news/nation-world/hospitals-give-doses-antidote-fight-opioid-addiction/507-06a276d3-d320-43f1-b907-2d335f65b1da> - May 8, 2021

When doctors write a prescription for the life-saving antidote to an opioid overdose, patients only bother to fill them about 5% of the time.

But what if hospital physicians simply handed a vial of naloxone to the patients they worry are most likely to die, particularly those who were just rushed to the emergency room after overdosing on fentanyl, prescription opioids or heroin?

That's the idea behind the "Colorado Naloxone Project," a group started by a Swedish Medical Center physician. The project already has 47 hospitals committed to dispensing the overdose antidote to at-risk patients as they are discharged from the emergency department.

"For people who have never seen the effects of naloxone, it's amazing," said Dr. Don Stader, an emergency physician at Swedish in Englewood. "It's one of the most miraculous things in medicine. You see people who would have truly died come back to life."

The goal of the project – which officially launched Monday – is to make Colorado the first state in the country where every hospital emergency department sends at-risk patients home with naloxone.

The drug, which comes as an injectable and a nasal spray, was approved in the United States for overdose reversal in 1971, and overdose-prevention organizations have been handing it out for decades. In Colorado, naloxone is available without a prescription through pharmacies and at the Harm Reduction Action Center, a needle exchange and an addiction treatment agency in Denver.

Yet many hospital emergency departments – which use the drug to save patients, sometimes multiple times per day – only recently began handing out take-home naloxone. Denver Health was the first to come up with such a protocol a few years ago, followed by Swedish.

In the last year or two, multiple hospitals across the state and four of Colorado's largest hospital systems have joined the initiative. A few more hospitals signed on this week. The hospitals involved so far handle more than 50% of emergency room visits in Colorado, so the project is about halfway to its goal.

The initiative will soon launch a public awareness campaign, release data on its outcomes, and post a public dashboard that lists which hospitals are participating. Besides many Denver area hospitals, participants so far include Mt. San Rafael Hospital in Trinidad, St. Vincent Hospital in Leadville, UCHHealth Yampa Valley Medical Center in Steamboat Springs and St. Mary's Medical Center in Grand Junction. Major hospital systems involved are HealthONE, Centura Health, SCL Health and Denver Health.

- Fentanyl deaths have jumped 524% since 2018.

The push comes at a dire time in the opioid crisis.

Colorado is in the "third wave" of the opioid epidemic, driven by an alarming surge in fentanyl illegally produced in Mexico and trafficked to the United States. The drug, a powder made with chemicals often imported from China, is used to make counterfeit oxycodone and Xanax, sold on the streets and via social media.

Overdose deaths related to fentanyl jumped 524% from 2018 to 2020 in Colorado. In 2020 alone, 1,457 Coloradans died of drug overdoses, according to preliminary data from The Colorado Department of Public Health and Environment.

"We are in the worst overdose crisis that the United States, Colorado and Denver have ever seen," said Lisa Ravigle, executive director of the Harm Reduction Action Center. "Fentanyl is here."

People who visit the harm reduction center for clean needles, information about treatment programs and naloxone used the antidote to save the lives of 83 others just in the month of March, the highest monthly count so far, Ravigle said. About 65% of those overdose reversals happened outside, she said.

"We're struggling, I'm not gonna lie," she said, sitting in front of a memorial wall with the photos of those who have died from overdose. "The grief is becoming unbearable. Once they're on that wall, it's over." Stacy Pettersen, the mother of state Sen. Brittany Pettersen, said during a project event Monday that naloxone is the reason she's alive. "My life has been saved many times, according to my daughter, as many times as 20 times in a year," she said. "My memory of it is kind of bleak."

Stacy Pettersen, who has been in recovery for four years, once went to an emergency department three times in one day. Now, she helps others who are in addiction treatment and gets to "have a life with my kids and my grandkids," she said.

Stader, for one, saved Pettersen's life more than once with a dose of naloxone.

The Swedish Medical Center doctor said his mission is "extremely simple: Let's eliminate the barriers. Let's put that life-saving drug into your hands."

The drug, sold under the brand name Narcan, is safe to use and will not harm a patient even if the person receives it when they have not overdosed, Stader said. "It's about damn time we start sending patients home with naloxone when we know it saves lives," he said. "It's laughable that we haven't done this so far."

Some of the first hospitals in Colorado to give out take-home naloxone did it despite not receiving reimbursement from insurance companies or Medicaid, sometimes seeking funding for short-term naloxone programs through grants.

But in 2020, Colorado lawmakers passed legislation that required insurance companies to reimburse hospitals for giving out the drug. The same law also required that pharmacists notify a customer about naloxone when they are picking up an opioid prescription.

- No prescription required at pharmacies in Colorado.

People have been able to pick up naloxone at pharmacies in Colorado without a prescription since 2015, after the state's chief medical officer created a "standing order" making it available to all. Hundreds of pharmacies, mostly in the Denver area, across the state offer the drug.

Still, stigma exists, especially in small towns, where customers don't want to ask the local pharmacist for naloxone. And research has shown that many people do not fill a prescription written by their doctor.

HealthONE piloted a naloxone project in 2018 and had all of its emergency departments on board by last month. The drug is given not only to patients who come to the hospital because they've overdosed, but also to patients who say they use heroin or painkillers.

Centura signed on every emergency department and urgent care center in its system in September 2020. If a patient says yes to even one of three screening questions, the hospital dispenses take-home naloxone. Doctors ask: Have you used illegal drugs or prescription drugs for non-medical reasons; have you ever used prescription pain medications that aren't yours; and, are you worried about anyone else who might have a problem?

Sader said he eventually wants hospitals to dole out naloxone not just from emergency departments, but from other departments, including surgery and obstetrics.

Just last week, he treated a man who overdosed while taking opioids to handle the pain of a broken shoulder. The man's wife found him unconscious and he was rushed to Swedish.

He was without oxygen for so long that he suffered brain damage.



ARIK MATSON NAMED 'POLICE OFFICER OF THE YEAR'

Source: <https://www.kare11.com/article/news/local/arik-matson-named-police-officer-of-the-year-by-mn-chiefs-association/89-48519049-85cb-46cd-8b25-c0b3057b36e1> - May 22, 2021

The Minnesota Chiefs of Police Association has given Waseca Police Officer Arik Matson the 2020 Police Officer of the Year Award.

Matson was shot and severely injured while responding to a call of a suspicious person on January 6, 2020.

The Association also recognized 13 additional officers from across the state for their "commitment to keeping their communities safe," according to a press release.

"These awards call out some of the best, brightest and bravest men and women in Minnesota law enforcement, but police chiefs across our state also today want to recognize the great work that goes unnoticed from the vast majority of police officers in agencies of all sizes, urban and rural," said MCPA President Eric Werner, in the press release.

Other members of the Waseca Police Department who were involved in the January shooting of Matson have also been recognized for their actions.

Captain Kris Markeson, Sergeant Tim Schroeder, and Officer Andrew Harren have all been awarded the Medal of Honor and the Lifesaving Award.

Matson was also given the Medal of Honor.

On Saturday, May 22, the community will also hold a "Matson Strong Benefit", with events lasting from 10:30 a.m. until well after dark at the Waseca Fairgrounds. Hundreds of donations for silent and live auctions have already poured in. The fundraiser will also include live bands, fireworks, and a bake sale, among other things, with every cent raised going to Arik Matson's family.

"It's helped me get through a lot of rough days," Matson said, expressing his gratitude for the donations. "Just a combination of the support we've had from Day One. It's all here in one place now."

He added: "Just keep supporting law enforcement. We're in tough times right now. Give a handshake, or say thank you for what you do for our community. That means so much more than a lot of people realize."

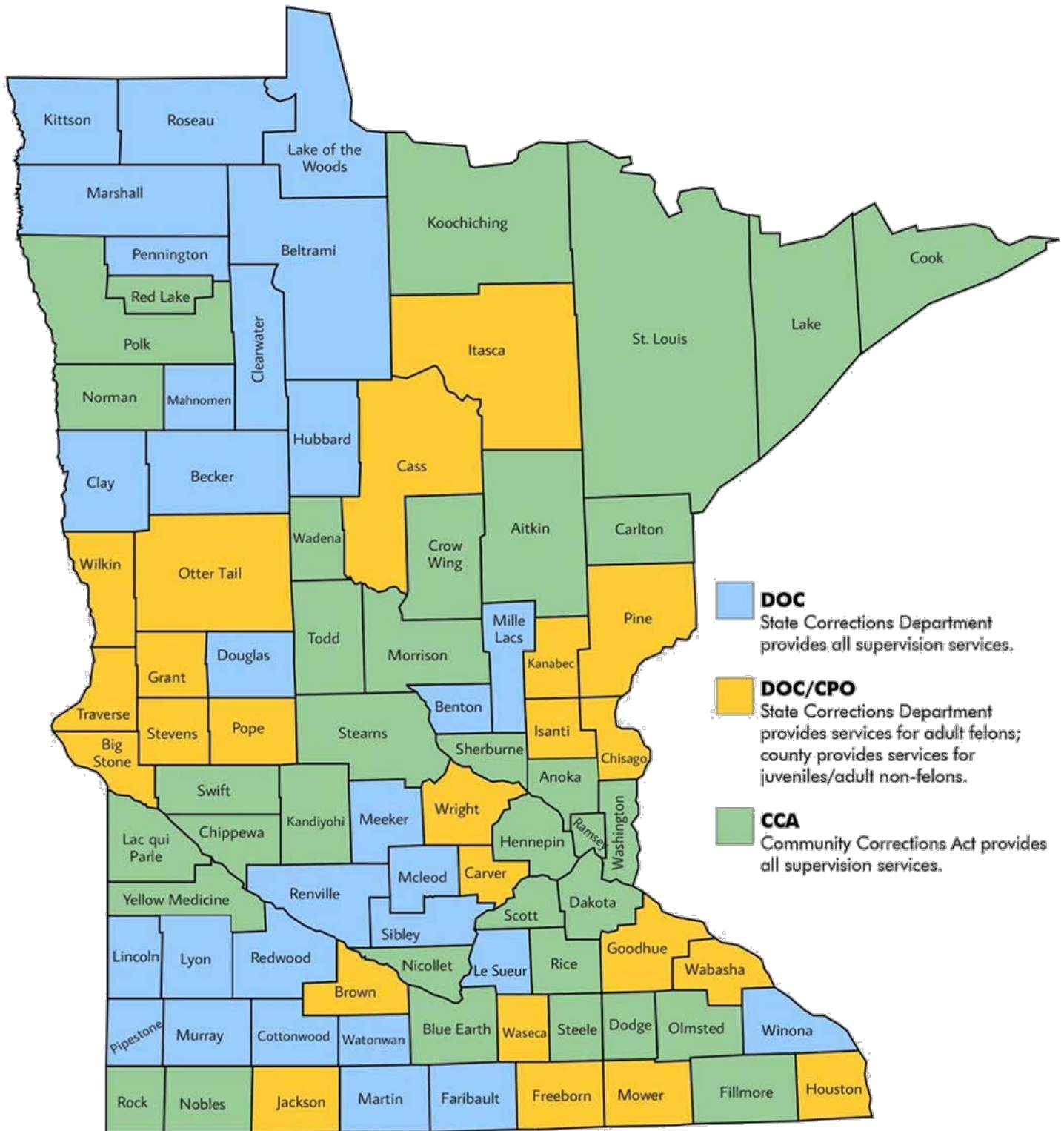
Matson's mom, Sheila, said she's "overwhelmed" by the number of donations and expects a few thousand people to show up Saturday.

"The community, the state, people, law enforcement, everybody has been there – so supportive and can't thank people enough for the support and prayers they've given us through this tragedy journey," she said.

PROBATION AND PAROLE IN MINNESOTA –

CORRECTIONAL DELIVERY SYSTEMS

Huge ‘Thank You’ to Becky Pizinger, Communications Coordinator/Webmaster for MACCAC, for updating the map of correctional delivery systems in Minnesota for us!



MACPO AWARD NOMINATIONS NOW OPEN

It's that time of year to nominate and acknowledge our coworkers for the hard work they are doing. MACPO has a great tradition of recognizing these individuals at the Annual MACPO Conference awards banquet. The award options are the following:

Al Reker Distinguished Service Award

This award is given to recognize contributions made by an individual over a sustained period of time to the field of probation. Further, this award was to acknowledge membership involvement rather than simply retirement. The recipient was to be selected by the Executive Board of MACPO for their exemplary contributions and dedication to the profession of probation/parole.

Excellence in Corrections Award

This award is to be presented to a correction's program, which has demonstrated outstanding leadership and development in the field of probation. This may be a non-profit organization, a privately run program, or a program within a court services or probation agency.

MACPO Superior Service Award

This award originates from nominations of the MACPO Executive Board to recognize an individual, group or agency which has provided superior service to advance the mission and goals of MACPO. It also provides an opportunity for committee chairs to nominate an individual committee member who has demonstrated strong leadership and exceptional service for MACPO.

Rookie Agent of the Year Award

This award is presented to a newer probation officer/agent (one to three years in the field of probation) who has demonstrated abundant potential and professionalism in his/her early career. The award recipient presents: a strong desire to learn on the job; participates in a variety of training opportunities; demonstrates enthusiasm and a positive attitude; and works collaboratively with other more experienced probation officers/agents. This probation officer/agent has strong leadership potential, has brought new energy into their agency/department and is working toward a very promising future in the field of probation.

Outstanding Performance Award

This award is to be given to a probation officer in good standing with MACPO. It is to be presented to an individual who has demonstrated professionalism and leadership within their county or in the field of probation. This person must have been in the field for at least one year. This individual may have implemented a new corrections program, worked in the community to bring new corrections related services to clients, or simply is an incredibly hard working individual who merits recognition.

Evidence Based Practices Trainer/Coach/Practitioner Award

This award is to be given to a probation officer in good standing with MACPO. It is to be presented to an individual who has demonstrated leadership in the area of Evidence Based Practices (EBP). This could be within their department, but special deference is given to statewide influence or service. This individual may train an EBP discipline, have implemented an evidence-based program, or coached peers in one of the EBP disciplines. The EBP Award may also go to a probation officer who is particularly skilled in a range of EBP disciplines and influences others to increase their skills.

To nominate someone, please visit MACPO's website: www.macpo.net.

All nominations must be submitted by August 1, 2021.

UPCOMING EVENTS AND TRAINING

REGISTRATION IS NOW OPEN FOR MACPO'S 64TH ANNUAL CONFERENCE!!

Dates: September 15 – 17, 2021

Where: Maddens on Gull Lake, Brainerd, MN

Training Topics Include:
“Take this Job and Love It,”
“From Medical Marijuana to Vaping...,”
“Elder Abuse,”
and much more!!

Vendors are working hard to put together exciting events at different holes throughout the golf course. Get your team ready and bring your best game!

For more information about the conference or to register, please go to www.macpo.net.



Save the Date for

MACPO'S Annual Support Staff Conference

Wednesday, October 13, 2021

ALARMING TRENDS – SNORTING SMARTIES

Source: <https://www.tesh.com/articles/snorting-smarties/>

Parents: Your kids might not be smoking, drinking or abusing drugs. But they might be abusing candy. Yes, candy. It's called "snorting Smarties" - and experts say it's definitely dangerous.

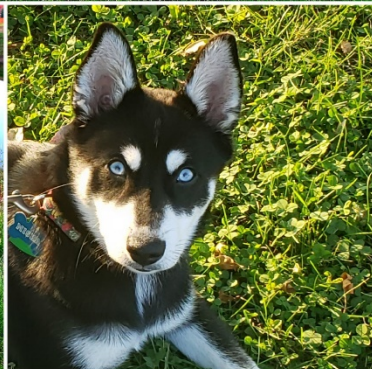
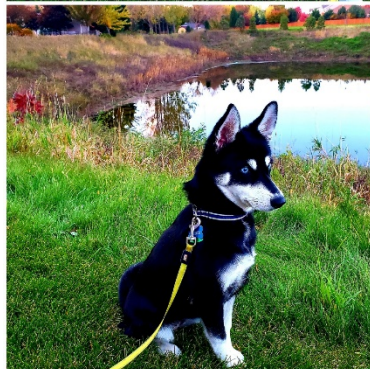
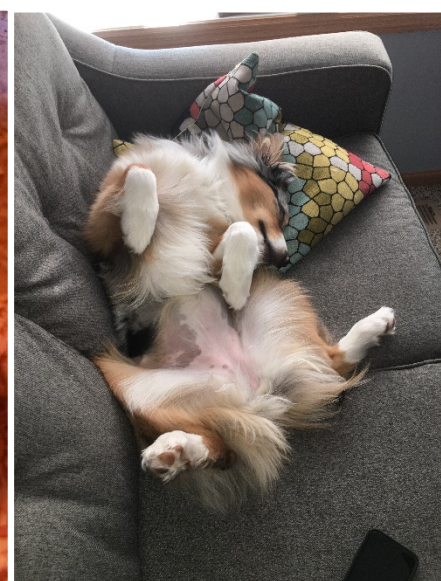
Experts say that more and more kids are buying tart, chalky candies like Smarties, SweeTarts and Necco wafers - but not to eat.

Instead, they're crushing the candy to powder and snorting it. Dr. Mark Shikowitz is an ear, nose and throat specialist at Schneider Children's Hospital in New York. He treated a 9-year-old boy who complained that his nose was burning and found a piece of candy slowly dissolving inside his nostril. The boy recovered, but Dr. Shikowitz points out that frequent candy "snorting" could lead to infections of the nose, sinuses and lungs, as well as disgusting but rare conditions, like maggots feeding on the sugary dust lodged inside the nose.

Experts also say that when kids mimic bad adult habits, they're more likely to take up the real habits as they get older, which means, kids who snort candy are more likely to snort cocaine and crushed prescription drugs.

So, parents, what can you do? Talk to your kids about the dangers of candy snorting. According to "The Anti Drug dot com," teens who hear anti-drug, messages at home are more than 40% LESS likely to use drugs. And don't forget to mention the maggots. Just the idea of having baby flies growing inside their nose might put them off candy for life.





FOR THE LOVE OF PETS



Thank you to those who submitted pictures! Check out MACPO's website to see all the pictures submitted.

HOLIDAY SHARING: HELLO SUMMER

Strawberry Rhubarb Dump Cake

Ingredients:

- 4 cups rhubarb, cut in 1" pieces
- ¾ cup sugar
- 1 small package Jell-O Strawberry Flavor Gelatin
- 1 white cake mix
- 1 1/3 cups water
- 1 stick butter

Instructions:

1. Preheat oven to 350 Degrees.
2. Put rhubarb in greased 9x13 pan.
3. Mix sugar and Jell-O together; sprinkle over rhubarb.
4. Sprinkle cake mix then pour water over all.
5. Slice butter onto top of cake.
6. Bake for 45 minutes.

Feel free to serve warm with vanilla ice cream or whipped cream.



PROBATION PARTNERS

Instead of just adding a few of our probation partners to our newsletter, we would like to take this opportunity to say “thank you” to all our sponsors!

Platinum Level Vendors

- Partners in Recovery
- Intoxalock
- Phoenix Rise Coaching and Consulting
- Diversion Solutions
- Village Ranch, Inc.
- Nationwide Interlock Minnesota

Gold Level Vendors

- Welcome Manor Family Services
- PORT Group Homes
- Nexus-Gerard
- NextGen Monitoring, Inc.
- Restoration Counseling and Community Services
- MN Adult & Teen Challenge
- Keystone Treatment Center
- NUWAY
- McCrossan Boys Ranch
- Minnesota Bureau of Criminal Apprehension
- Minnesota Monitoring

Mission

Minnesota Association of County Probation Officers is dedicated to promoting quality correctional practices through professional growth, leadership, education, communication, and support.

Vision

Providing a voice for the probation profession and leading the promotion of sound correctional policy toward the principles of evidence-based practices, restorative justice, community involvement, public protection, victim restoration, offender accountability, and competency development.

MACPO 2020–2021 ELECTED OFFICERS

Contact MACPO Secretary, Michelle Sellner - Pine County Probation, for the location and time of MACPO Board meetings.

Executive Board Goals:

- Review the vision statement on an annual basis at the Steering Committee meeting.
- Use MACPO's APPA Affiliate Membership to send our President (or assigned representative) to the national conference to maintain/promote our presence on a national level, to be reviewed annually.
- Continue to solicit input from MACPO membership regarding nominations for awards: Al Reker, Excellence in Corrections, Outstanding Performance, and Memorial Scholarship, as well as officer-elect positions.

Election of all officers shall be held at the annual meeting. Officers shall be elected by a simple majority at such meeting when a quorum of the voting members in good standing is present at the time of balloting.

Absentee ballots will be accepted or counted in any election and will be distributed by the Secretary at least 21 days in advance of election. Ballots to be returned three (3) days before annual meeting to the Nominating Committee Chair.

The Nominations/Awards Committee shall meet at least 60 days in advance of the annual meeting. The Nominations/Awards Committee shall contact candidates and potential candidates from among the voting membership of the association and shall prepare a list of such candidates and the offices for which they are candidates.

Executive Board

President

Jim Schneider, Cass County Probation
president@macpo.net

President - Elect

Jason Anderson, Itasca County Probation
presidentelect@macpo.net

Treasurer

Alex Hirman, Wright County Court Services
treasurer@macpo.net

Secretary

Michelle Sellner, Pine County Probation
secretary@macpo.net

Legislative Committee Chair

Margaret Munson, Wright County Court Services
legislative@macpo.net

Member at Large

Mike MacMillan, Wright County Court Services
mike.macmillan@co.wright.mn.us

Member at Large and APPA Leadership Representative

Les Schultz, Brown County Court Services
les.schultz@co.brown.mn.us



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