



# MACPOST

Minnesota Association of County Probation Officers

Fall 2019

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## FROM THE PRESIDENT

*TERRY FAWCETT, PINE COUNTY PROBATION*

Happy Fall everyone! I write this article on October 1<sup>st</sup>, and before long, we'll be back snow blowing our driveways! But (hopefully) before we do, we'll venture up to Grandview Lodge and support the MCA conference! Grandview is a beautiful setting for a conference, and it gets me excited for the MACPO Spring Conference, which will be held at breathtaking Madden's Resort in May! We'll celebrate 100 years of the CPO Delivery System this year! In 1919, County Probation Officers were established and were juvenile focused at that time.

MACPO is working hard to strengthen relationships with their correctional partner; recently met with the MACCAC outgoing Chair and will meet with the current Chair in December. It is important to MACPO that we work together for the good of corrections and our communities, and we show this by working collaboratively in lobbying, as well as the training of our staff. I also recently had the privilege in sitting on the Criminal Justice Panel for the Department of Corrections in their search for a new Deputy Commissioner of the Community Services Division.

One final, yet big piece of news, is that MACPO is partnering with the DOC in hosting several Decision Points trainings around the state, as well as offering it as part of the Spring Conference menu of workshops. These dates will be sent out shortly, and will be offered on a first-come, first serve basis. MACPO has also reached out the Juvenile Justice Advisory Committee (JJAC) in hopes of obtaining a grant to assist with the cost of delivering this training around the state.

Thanks to all you hard-working correctional folks in whatever

role you currently fill. Our field is challenging yet rewarding as ever. This is great time to get involved with a committee. If you are interested in any of them, please reach out to the respective Chairs. Also, please think about running for an Executive Board elected position. Our delivery system needs YOU to carry us forward!

## **MCA's PRESIDENT MESSAGE**

*Connie B. Hartwig, 2019 MCA President*

Hello to all of our MCA and MACPO Members and Happy Fall!!!!

Our summer seems to have raced by and I am sure a lot of you have been busy preparing your children to get ready for school or getting your kiddos off to college. Book bags, erasers, crayons, pencil sharpeners, laptops and the list goes on...and gets more expensive the older our kids get. This time of year always brings me a touch of melancholy as it reminds me of how fast our days go by. I feel like our lives are defined by the beginning of the school year, then Christmas and New Year's break, the end of the school year and summer breezing by again. Now I know there are a lot of memorable events sprinkled throughout the year and I am hopeful you all take the time to embrace those times, especially in our busy working worlds.

Lately, it has been very difficult to watch the news and the horrific incidents of senseless killing sprees. Watching the sadness and mourning of family and friends is heart wrenching. It seems as though everyone is pointing a finger at someone or some organization to take blame for these cowardly acts. I feel more than ever, it is critical for us to hold each other up and express empathy towards each other. Someone is always going through some type of critical situation in their lives and we do not always know the depth of their situations. Our jobs are difficult enough and the challenges we face on a daily basis with our clientele can be overwhelming. I am honored to work among colleagues whose number one priority is to promote public safety and serve the citizens in our communities. Simultaneously, we are tasked with working with some of the most dangerous and difficult people in our facilities and on our caseloads in the community, while trying to assist in facilitating change for the good. It takes a village to do our jobs and please have each other's back.

So many things are happening behind the scenes on our MCA Committees. Our Fall Institute Planning Committees are busy wrapping up loose ends to ensure a wonderful conference at beautiful Grand View. There are exciting things planned for our attendees. Training and Education is busy planning more monthly trainings for the rest of the year. On September 20th, we held a Workshop on Domestic Violence panel that gave people a perspective from victims and families on various types of domestic violence. It was very well received and well attended. All of the presenters did a fabulous job. MACPO will be presenting another workshop on Peer Support/Thriving and Surviving in the Trenches on October 11, 2019. On December 3rd, MCF-Red Wing will host a training on maintaining boundaries while working with juveniles. Thank you everyone for putting together these trainings for our members.

When you have time, please thank a committee member. Remember, there is always time to volunteer and hopefully something will spark your interest. There are a lot of volunteers looking to pass the torch to others in order to continue making MCA the wonderful association that we are. I implore you all to help continue to grow our membership by encouraging your fellow employees to join MCA so they can witness the benefits of this supportive and fun-filled environment.

# LEGISLATIVE COMMITTEE

Margaret Munson, Wright County Court Services

Happy Fall!

The legislative committee had taken the summer off and are now meeting the 3<sup>rd</sup> Thursday of every month at 10 a.m. at the Department of Corrections. Please feel free to join us or send any suggestions to us. We have been busy putting together MACPO's platforms for the 2020 legislative session. We have been meeting with MACCAC, MCA, AMC, and DOC to look at an agenda we can all work together to make legislative change. For today, I will highlight a couple issues our committee has identified as common ground.

First, funding of field services is essential and needed for all correctional delivery systems to maintain core correctional functions. MACCAC has come up with a plan to ask for 4% increase over the base funding, and that seems to be a good strategy that MACPO will look at sharing the same request to the DOC and the Governor's Office.

Second, the peer counseling statutes (181.973 and 13.43) do not include probation officers and correctional staff. Note the included statute with the language change underlined:

## *MN 181.973 PUBLIC SAFETY PEER COUNSELING AND DEBRIEFING*

A person engaged in a public safety peer counseling or a public safety peer debriefing shall not, without the permission of the person being debriefed or counseled, be allowed to disclose any information or opinion which the peer group member or peer counselor has acquired during the process. However, this does not prohibit a peer counselor from disclosing information the peer counselor reasonably believes indicates that the person may be a danger to self or others, if the information is used only for the purpose of eliminating the danger to the person or others. Any information or opinion disclosed in violation of this paragraph is not admissible as evidence in any personnel or occupational licensing matter involving the person being debriefed or counseled.

For purposes of this section, "public safety peer counseling or debriefing" means a group process oriented debriefing session, or one-to-one contact with a peer counselor, held for peace officers, firefighters, medical emergency persons, dispatchers, or other persons involved with public safety emergency services, probation officers, and corrections staff, that is established by any agency providing public safety emergency services and is designed to help a person who has suffered an occupation-related trauma, illness, or stress begin the process of healing and effectively dealing with the person's problems or the use of the peer counselor for direction with referrals to better service these occupation-related issues. A "peer counselor" means someone so designated by that agency.

## *MN 13.43 Subd. 9. PEER COUNSELING DEBRIEFING DATA.*

(a) Data acquired by a peer group member in a public safety peer counseling debriefing is private data on the person being debriefed.

(b) For purposes of this subdivision, "public safety peer counseling debriefing" means a group process oriented debriefing session held for peace officers, firefighters, medical emergency persons, dispatchers, or other persons involved with public safety emergency services probation officers, corrections officers, that is established by any government entity providing public safety emergency services and is designed to help a person who has suffered an occupation-related traumatic event begin the process of healing and effectively dealing with posttraumatic stress.

Both the above should be common ground with our sister organizations so we are hopeful to start working out the strategies. Please let me know if you have any questions or opinions on these matters. I can be reached at [margaret.munson@co.wright.mn.us](mailto:margaret.munson@co.wright.mn.us) or 763-682-7305.

## COMMUNICATIONS COMMITTEE

*Jess Mott, Chisago County Probation*

*(submitted by Michelle Pramann, Wright County Court Services)*

Happy Fall everyone!

We have been doing our best with keeping the website updated with job postings and with trainings. The scholarship nomination period is still open. Please watch for the email for the link to submit those nominations. Pictures from the MACPO Support Staff Conference will be posted on the website soon.

We are also working on a Save the Date card for next year's spring conference and a flyer for Decision Points training opportunities.

We are already starting to think of ideas for the Winter MACPOST. With that in mind, we will have a winter photo contest. "Let It Snow" in the Winter MACPOST will feature pictures that relate to winter, whether it be frosted trees, pet playing in the snow, snowball fight, snow fall, etc. They don't have to be from this year, so feel free to dig up any of your old favorites. Bring on the pictures! If you already have a picture or two in mind, feel free to email it to [michelle.pramann@co.wright.mn.us](mailto:michelle.pramann@co.wright.mn.us).

If you have any ideas for upcoming newsletters or need information added to the website, please reach out to us at [macpo@macpo.net](mailto:macpo@macpo.net).

# MEMBERSHIP COMMITTEE

*Danni Bristol, Jackson County Court Services*

*(submitted by Joseph Rubado, Mille Lacs Academy)*

The membership team is working on collecting memorial scholarship applications. The deadline for applications is November 15<sup>th</sup>. Please spread the word. This is a great opportunity for your interns to attend the spring conference.

There will be new fashion at the spring conference this year. Be looking for updates on how you can purchase those new items in the next MACPOST addition.

# TRAINING AND EDUCATION COMMITTEE

*Michelle Nistler, Cass County Probation*

*Amy Hertzog, Wright County Court Services*

Training and Education Committee is busy working on booking presenters for the 2020 Spring Conference. We are very excited about the change of venue to Madden's and the new opportunities we will be able to bring to the conference.

We welcome anyone who would like to join our committee. If you are interested, please contact [michelle.nistler@co.cass.mn.us](mailto:michelle.nistler@co.cass.mn.us).



# CPO DIRECTOR'S COMMITTEE

*Amy Chavez, Director of Chisago County Court Services*

The Director's Group continues to meet monthly to discuss several important topics that will and are affecting the CPO world. We have hired a new lobbyist Nancy Haas and are very excited about her experience and about learning about probation and the CPO world.

On Friday, September 27<sup>th</sup>, a group of directors were trained in traumatic stress management. We had great conversations and I received positive feedback regarding the training.

CPO had three great Directors retire over the last year:

- Tammy - Meeker County,
- Desta - Otter Tail County, and
- Joanne - Goodhue County

Their experience and knowledge will be greatly missed.

Carry on and be safe!

## MACPO Scholarship

MACPO is offering a \$750 scholarship to be used toward a Corrections related degree and/or internship. Application submission is now OPEN!!!

To view the MACPO Scholarship requirements and to complete the application, please visit [www.macpo.net](http://www.macpo.net) and select the "Education" tab.

Please share this information with any students you may know that would be interested in submitting an application. The application deadline is **November 15, 2019**.





# MACPO's Annual Support Staff Conference

*Michelle Pramann, Wright County Court Services*

Over 60 support staff throughout Minnesota were able to escape their normal job responsibilities on October 8<sup>th</sup> for an all-day training.

The training featured seminars on Effective Communication in Corrections and Balan-ZING: The Art of Finding Balance in Conflict, Stress, and Life. One of the highlights of the day was the presentation of the Spotlight Award to Brenda Simonson from Itasca County.

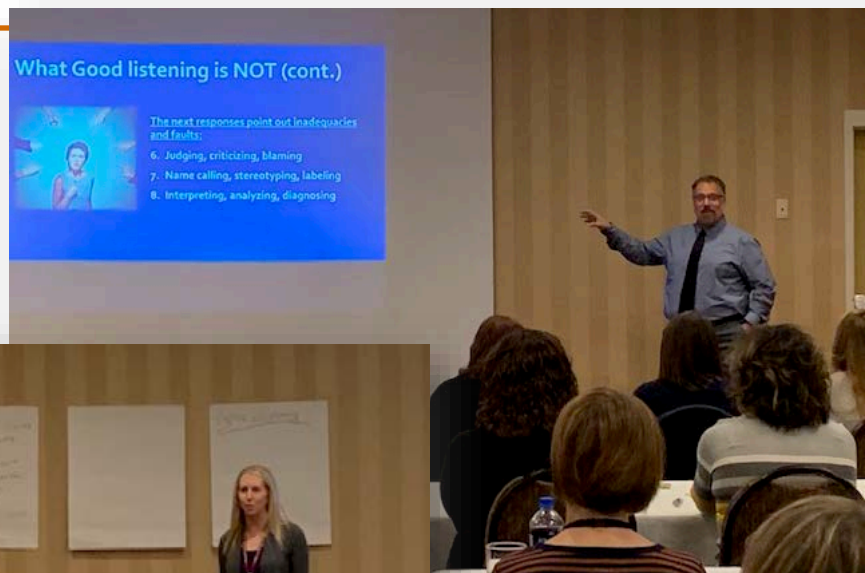
Continue to read on to learn more about the trainings and this year's Spotlight Award Winner.

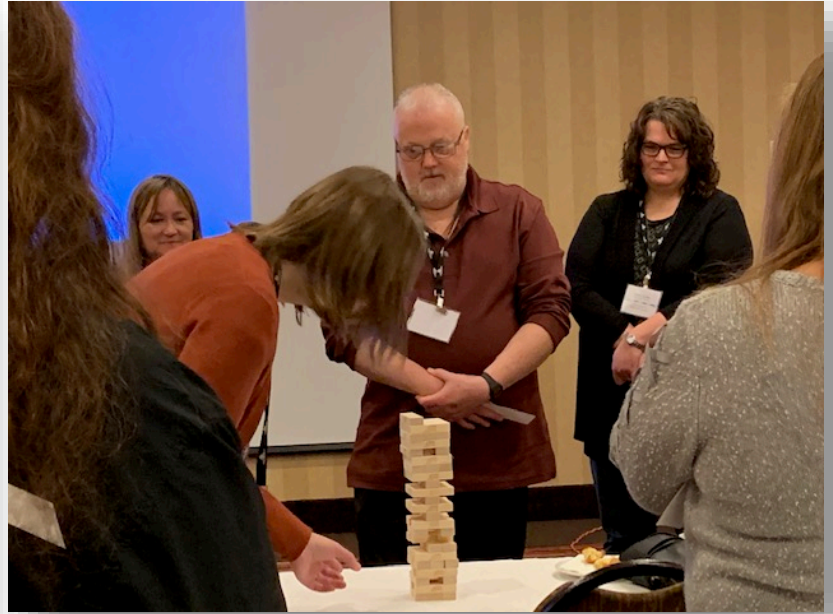
## *Effective Communication in Corrections*

Presented by Sarah Gibbison, Margit Healt & Brian Niessen

This was a learning opportunity to understand active listening and why it is an essential component in working with correctional clients. In this training, participants increased their abilities in using foundational skills focusing on OARS.

The pictures below are the speakers who presented that morning and the participation piece of the training.





## *Balan-ZING: The Art of Finding Balance in Conflict, Stress, and Life!*

Presented by Gaye Hanson

Do you wake up each work day excited and joyous at the thought of your coworkers and customers and how sweet and agreeable they will be? Do you float from one super easy task to another at work with no interruptions or distractions? Do you go home at night knowing that your house will be miraculously spotless and when you walk in the door your children and husband will be standing there all clean and fresh with no messes no arguments to referee and a superb supper on the table?! If this is true for you, then you officially have it all together! Congrats! But if these examples have caused you to roll your eyes, snicker in a nasty way, and swear under your breath; you may need some BalanZING in your life!

This presentation was filled with hilarity and heart while attendees learned solid, practical steps to cope with stressful situations, difficult people and life's challenges with grace and resilience! Audience members have found themselves running back to work with renewed energy, life empowering skills and the ability to bounce back in the face of any conflict!

The picture featured here shows Gaye Hanson engaging the audience.





# *Spotlight Award Winner: Brenda Simonson, Itasca County*



"She has been with Itasca County since 1994 and her contributions to the probation department are beyond measure.

She keeps her eye on the bigger picture while never losing sight of the day-to-day tasks that require attention in the office.

This is an impressive characteristic by itself, yet it is particularly unique given the warmth of her character and humility."



"She contributes directly to the sense of family our department enjoys."

Itasca County Probation Director Jason Anderson had the honor in presenting this award to Brenda.

Family members and several coworkers were able to congratulate Brenda on this well-deserving award.

Congratulations Brenda!!



# AGENT WELLNESS – WHY THE CORRECTIONS

## OFFICER IS THE UNSUNG HERO OF PUBLIC SAFETY

*By Sergeant Dan Barnt, Special Contributor to Corrections One – May 2, 2016*

*(Article found by Peer support Group Member: Neal Huemoeller)*

Most people do not grow up wanting to be a corrections officer. It is generally a profession that one falls into rather than one strives to achieve. Why is that? Why is the title corrections officer not held in the same regard as police officer, firefighter, or EMT?

Growing up, did you see television shows showing a bad guy and a corrections officer squared off in the middle of a dust blown street at high noon, the corrections officers' hands twitching in anticipation, waiting to draw his weapon first, to take out the bad guy. How about a corrections officer driving a squad car, red and blue lights flashing, chasing down the bad guys? Was this depicted as well? The answers to these questions are, “No!”

I ask the question again: Why is the title Corrections Officer, not on people's minds? Do criminals disappear into thin air when they are arrested for a crime? Do murderers just vanish when sentenced to life in prison?

By now you are probably rolling your eyes and thinking, “Hello, we have the prison system, dummy. Do you live under a rock?”

Good, at least I have your attention, and to answer your question, yes, we as a society, do live under a rock.

So, I have established the fact that once sentenced, criminals do not just disappear, but are removed from a free society and placed into a society that no longer has the same freedoms they once enjoyed. Once the criminal is off the street, the job is done, and we can continue with life as we know it, Right? We have locked the door, thrown away the key and left the criminals to police themselves, Correct?

Not a chance!

Society needs someone to stand between them and the criminals. Society may choose to forget this fact, but we all know that it would be naive to think that criminals are magically wiped clean of all the evil thoughts and desires which led them to their criminal acts.

One report from the news anchor saying, “A prisoner has escaped” and society gasps in fear. They demand a solution. So the stage is set and the lights dim. A figure, a silhouette, standing in the shadows slowly walks onto the stage. The crowd goes silent in anticipation. Who is it? What is it?

An honest to goodness superman comes from outer space with special powers and abilities, to contain these criminals behind bars. It has to be someone special — who else could guard 50 plus dangerous criminals by themselves each and every day? Suddenly, the spotlight shines bright, and there on the stage is your next-door neighbor.

Wait, your next door neighbor is a superhero? No, he has no special powers and certainly has no special

equipment to make him invincible. Barney Fife had it better than he — at least Barney Fife had one bullet in his pocket for emergencies!

The only defense this corrections officer has is the badge he stands behind which gives him the authority to stand and defend the crowd who sits silent before him. The crowd remains silent as reality slowly sinks in. Before them standing in the spotlight is an unsung hero — a hero that normally stands in the shadows of society's minds. He is not familiar to the spotlight. He is not sure what to say or what to do as he stands in front of all of these people.

He requires no special attention, certainly not a spotlight. He simply performs a job that no one else wants to do. He is doing what he promised he would do. He took an oath both simple and profound. He would protect society from those being held behind bars. He is content to do this job because he knows that every time he hears the gates close behind him, even if no praise is offered him, he is keeping his family, his community, his country, safe for one more day.

Suddenly, someone stands and starts cheering! The auditorium erupts, everyone is now standing, clapping and cheering. What else can they do, what other action would be appropriate.

Dramatic? Over the top? Perhaps, but I believe the point has been made. We owe the corrections officer a standing ovation. I'll go one further, along with the titles police officer, firefighter, or EMT armed forces service member, the title corrections officer should be placed in the spotlight, shoulder to shoulder with these honorable professions.

We owe a lot to the corrections officer. Once the scales have fallen from our eyes and we see who stands before us, we need to hold these men and women in high regard for the thankless job they so bravely do. Daily, we should bow our heads and offer a simple prayer of gratitude and pray for safety for those who stand in the gap between order and chaos.





# 411 on Disorders:

## Impulse Control Disorders

[https://en.wikipedia.org/wiki/Impulse\\_control\\_disorder](https://en.wikipedia.org/wiki/Impulse_control_disorder)

Impulse Control Disorder (ICD) is characterized by failure to resist a temptation, an urge, an impulse, or the inability to not speak on a thought. ICD is a class of psychiatric disorders.

There are five behavioral stages that characterize impulsivity:

- Impulse,
- Growing tension,
- Pleasure on acting,
- Relief from the urge, and
- Guilt, which may or may not occur.



Sexual compulsion, internet addiction, compulsive shopping, pyromania, intermittent explosive disorder, and kleptomania are all types of ICD.

*Sexual compulsion* – An increased urge in sexual behavior and thoughts, which may also lead to several consequences in the individual's life: risky partner selection, increased chance for STD and depression.

*Internet addiction* – Excessive and damaging usage of Internet with an increased amount of time spent chatting, web surfing, gambling, shopping, or consuming pornography.

*Compulsive shopping* – Frequent irresistible urge to shop even if the purchases are not needed or cannot be afforded by the individual. Compulsive shopping is generally considered to be chronic and believed onset age of late teens and early twenties.

*Pyromania* – Impulsive and repetitive urges to deliberately start fires.

*Intermittent explosive disorder* – Clinical condition of experiencing recurrent aggressive episodes out of proportion of any given stressor.

*Kleptomania* – Impulsive urge to steal purely for sake of gratification.

ICD signs and symptoms vary based on the age of the individual suffering from them, the actual type of the impulsive control they are struggling with, the environment in which the individual is living in, and whether they are male or female.

There are two treatment options for impulse control disorders: medication and psychosocial. Cognitive behavioral therapy, psychological approach to treatment, has been known to have positive results in the case of pathological treatment and sexual addiction.

To learn more information, treatment options, and medication about impulse control disorders, go the link provided above.

# WALZ ADMINISTRATION CONSIDERS WAYS TO COMBAT YOUTH VAPING AS ILLNESSES RISE

*KSTP Channel 5 News – October 3, 2019*

Thursday morning, Gov. Tim Walz is calling for a ban on flavored tobacco products as well as raising the tobacco-buying age to 21 statewide.

The announcement comes after a new survey released Wednesday reports the number of teens vaping is on the rise in Minnesota.

## **E-cigarette use among Minnesota students on the rise**

According to the Minnesota Department of Health, one in four Minnesota 11th graders reported using an e-cigarette in the previous 30 days, a 54% increase from the same survey in 2016. And the jump among 8th graders was even more significant, the department said, with 11% reporting vaping in the preceding 30 days, nearly double the 2016 figure.

"We should all be very alarmed by the increasing number of eighth graders who reported vaping, because we know that the earlier a person is exposed to nicotine, the greater their risk in terms of future brain development and addiction," Health Commissioner Jan Malcolm said in a statement.

In response, Walz directed his administration to launch an aggressive outreach campaign to schools as they struggle with vaping among students, and to come up with policy proposals for the 2020 Legislature to combat youth vaping.

"Vaping is a public health crisis for young Minnesotans, and it is critical that we act now to bring the rate down," Walz, a former high school teacher, said in a statement.

## **Minnesota man says he's sick from vaping**

Minnesota now has 55 confirmed or probable cases of vaping-related severe lung injuries, the department said. Nationally, the toll has topped 800 with at least 14 deaths. Most of those who got sick vaped THC, the compound that gives marijuana its high, though some patients reported that they vaped only nicotine.

## **US vaping illness count jumps to 805, deaths rise to 12**

Some legislative options that Walz's administration is already considering include raising the state's legal age for tobacco to 21; prohibiting internet sales of tobacco products, e-cigarettes and vaping products; prohibiting the sale of flavored nicotine and tobacco products because they appeal to youth; and giving more authority to the health department to act against youth vaping.

In a statement, Emily Myatt, Minnesota government relations director for American Cancer Society Cancer Action Network, said, "ACS CAN is deeply concerned about Minnesota's dramatic increase in youth e-cigarette use and is pleased to see Gov. Walz urging action to address it. The state legislature should consider policies proven to reduce commercial tobacco use and make sure that policies regulate all commercial tobacco products including e-cigarettes."

Other states and communities have already taken steps to discourage vaping and conventional tobacco smoking among young people as concerns grow about the illness outbreak.



# SURVEY: NEARLY ¼ OF MN STUDENTS STRUGGLE WITH MENTAL HEALTH

*By Mary McGuire, WCCO Channel 4 News – October 17, 2019*

Fewer kids feel engaged in the classroom, believe their school provides a supportive place for learning, report good health, or feel safe.

That's according to a new Minnesota Student Survey, a voluntary, anonymous questionnaire given to fifth through 11th grade students every three years.

One of the most shocking and sobering statistics in the survey deals with suicide. The data shows nearly 25% of high school juniors have considered taking their own life at some point. Nearly one in 10 report having tried to commit suicide.

"We know what to do — school-linked mental health, school support personnel — and yet there doesn't seem to be the will to do it," said Sue Abderholden, executive director with NAMI-MN, the state's chapter of the National Alliance on Mental Illness. "How much longer do we need to wait? How much longer should we allow our students to be so distressed?"

Female students were nearly twice as likely as male students in all grades to report mental health, emotional or behavioral problems.

Anna Hovey has a daughter in high school right now.

"They have issues. They feel good or they feel not good. They have a lot of drama, but it's okay. It's normal because you are a teenager, you're supposed to feel that way, right? Because you are all trying to figure out who you are," said Hovey.

Michelle Basham isn't surprised by the statistics.

She works with young people every day as the executive director of The Bridge for Youth, a nonprofit organization that provides runaway and homeless youth with a safe place to stay.

"We are seeing an increasing complications and [an] onset of mental health problems. We are seeing more peer-based bullying, more online bullying, more in-person bullying. Kids go to school and this happens and they don't want to go back," said Basham.

Minnesota Education Commissioner Mary Cathryn Ricker called some of the data in this report "concerning" in a written statement, which read:

*"No matter what is happening in students' lives outside of school, we must make sure that they feel supported, safe, and welcomed when they're in the classroom so they can succeed academically. My fellow commissioners and I will be working with our school communities so we can better meet the needs of all of our students."*

This questionnaire also showed 25% of 11th graders say they've used an e-cigarette in the last month. (More than 190,000 students participated in the survey.)

# GEORGIA SIBLINGS SHOWCASE ‘NOT OK’ APP AT MANOVA HEALTH SUMMIT IN MINNEAPOLIS

*By Marielle Mohs, WCCO 4 News – October 15, 2019*

Seventeen-year-old Hannah Lucas and her 14-year-old brother Charlie took the stage at the Manova Health Summit in Minneapolis Tuesday to speak to a room full of medical and health experts about their new app, but they didn't want anyone to brush them off because of their ages.

“If a kid created the cure for cancer, wouldn't we all want to use it?” Hannah said.

The teens from Atlanta, Georgia came to Minneapolis to talk about curing mental illness by simply using an app.

“When you think about it, it's just a tool that connects you instantly with your support group,” Hannah said.

The app is called NotOK. It's a button that the user can press anytime they're in a crisis from anxiety, depression, suicidal thoughts or suffering from a chronic illness. When the button is pushed, an alert goes out to five selected contacts in your phone and provides those trusted contacts with your location.

Hannah came up with the idea from personal experience. She has a chronic illness that causes her to faint often, and with little warning.



“I was bullied. It was awful to say the least. I lived in a constant state of fear,” Hannah said.

So, she turned to her brother Charlie.

“My exact first words were, ‘Let's go!’” Charlie said.

Charlie was the brains behind the development of the app.

“Ever since I was about 7, I've been teaching myself how to program,” Charlie said.

The siblings launched NotOK in January of 2018.

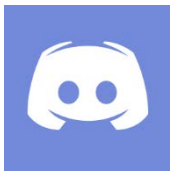
“So far, we have over 85,000 users,” Hannah said.

Which is the number of lives they are helping and possibly saving.

The NotOK app is free because the siblings created a nonprofit to help fund it, but they have a big need for sponsors. Right now, Hannah is using her college savings to fund the development of the app.

# ALARMING TREND – CELL PHONE APPS

## “Discord” App



You may not think twice in seeing it on a juvenile’s phone as it’s commonly used for gaming; however, there are chat features within the app and many cases which people have been victims of human trafficking and/or connecting with predators. It’s all communication through usernames and like any social media app, there is no way to verify the persons age.

If you have a sex offender who has a condition for their phone to be searched and you’re looking through the phone and see this app and they say it’s for gaming, look through the inbox/chat feature to view any private conversations they may be using on there.

## Additional Risky Apps to Watch Out For

### Social Media



#### Instagram | 13+

- Easy to falsify age
- Even with private profiles, you can contact others
- Hashtags can lead to inappropriate content



#### Snapchat | 16+

- Often used for sexting
- Messages disappear, leaving no trace
- Can reveal a user’s location



#### TikTok | 13+

- Strangers can comment on kids’ videos
- Users have reported sexual abuse
- Inappropriate content is rampant



#### Reddit | 17+

- Primarily adult users
- Inappropriate content includes violence & porn
- Easy to create fake accounts

### Anonymous Apps



#### ASKfm | 17+

- Users ask racy questions and receive answers
- Bullying can be an issue



#### Kik | 17+

- A favorite of sexual predators
- Used to send sexts and nude photos/videos
- Messages disappear when you log out



#### Omegle | 17+

- The tagline is “Talk to strangers!”
- Instantly video chat with random people
- Adult content is rampant



#### Whisper | 17+

- Users post confessions
- Location-based sharing
- Inappropriate content

### Vault Apps



#### Vaulty | All Ages

- Android only
- Keeps videos and pictures inaccessible to others
- Snaps a photo of anyone who tries to access the app



#### Calculator | 17+

- Looks like a calculator but is used to hide files
- Decoy passwords show harmless photos
- Meant to confuse parents

# *With Respect, Honor, and Gratitude...*

The sacrifices made by you, as well as your fellow veterans and active military is immeasurable, as is your courage to put it all on the line to protect the United States, its people and their freedoms. Thank you so much for your service to our country! We thank you, for everything.

Below is just a handful of names of those in probation who have made that sacrifice. We know there are others who may not be listed, and for that, we apologize, but still extend the same respect and gratitude for your service.

Jameson Nedved – Navy (Petty Officer – 2<sup>nd</sup> class)  
Kaaren D. Hensrud - US Army Reserve  
Dustin Morrow - Army and MN Army National Guard  
Eric Uddin - Army  
Greg Stoeckmann- Air Force  
Karl Pederstuen - Marine Corps Reserves  
Jason Anderson - Army (1991-1994) and MN Army National Guard (1994-1998)  
Sean McMonagle – US Army (Field Artillery Surveyor, 2000-2009)  
Robert Emerson – US Marine Corp (2005-2010, Sargent)  
Amber Chase – MN Air National Guard, Air Force  
Terry Fawcett – Naval Reserves  
Terry Jaworski – US Army  
Ben Babcock – US Army Reserve (Major, 15 years of service in February 2020)  
Daniel Heikkinen – Army Reserve National Guard (2006-present, Sargent, military police)  
Carter Diers – MN Army National Guard (Staff Sergeant (SSG) E-G – infantry and artillery)



# UPCOMING EVENTS AND TRAINING

Minnesota Association of County Probation Officers is dedicated to promoting quality correctional practices through professional growth, leadership, education, communication, and support.

## ***Criminal Justice & Rehabilitation Conference***

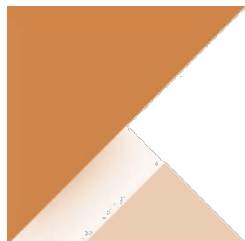
Reducing Recidivism: Evidence-Based Practices and Interventions

Tuesday, October 29, 2019, from 8:00 a.m. to 4:30 p.m.  
at UW-Stout, Memorial Student Center, Menomonie, WI  
Registration cost: FREE



The conference will focus on what criminal justice agencies, human service agencies, and the role that the community plays in the improvement and effectiveness of the criminal justice system.

To register or for more information, please visit <https://www.uwstout.edu/CJRC/Proposals>.



## ***Building Rapport While Maintaining Boundaries with Justice Involved Youth***

Tuesday, December 3<sup>rd</sup>, from 9:00 a.m. to 12:00 p.m., at MCF – Red Wing  
Registration Cost: Free for first 30 MACPO and MCA Members to register –  
*(watch your emails for the registration code and registration link)*

This training will focus on successful rapport building with difficult justice involved clients in all settings including chemical dependency treatment, residential settings, prisons, and community-based supervision. It will focus on factors such as trauma, cultural differences, familial relationships, and past involvement with authority figures; particularly exploring how these factors can lead to difficulty in building healthy working relationships with our clients both in the community and in residential settings. We will look at the components of healthy rapport building through examples and case study. We will discuss strategies that you can use to build rapport and case study exploration to examine the issues that can arise when working with difficult clients.

## DEAR MAC



American Probation and Parole (APPA) News: APPA, the field's leading professional membership association, has announced some updates as of August 2019. Vice President Deb Menardi from Nebraska, Secretary Deena Corso from Oregon and Treasurer Les Schultz from Minnesota all completed their terms on the Executive Board. Area Elections include Tracy Hurdlick-Minnesota DOC ICOTS was elected as a Regional 10 Representative for Minnesota, Wisconsin and Iowa. A second appointment for this region is pending.

*Do you or your agency have a work-related question or information you would like to share with others? We want to hear from you!! Please submit your question, information, or comment to [macpo@macpo.net](mailto:macpo@macpo.net). Watch for a response in an upcoming MACPOST.*



# AUTUMN LEAVES AND PUMPKINS PLEASE





# HOLIDAY SHARING

## Jack O'Lantern Floats

Items needed:

- 1 container vanilla ice cream
- 1 2-liter orange pop
- Clear plastic cups - decorated

Fill your cup about halfway with ice cream and pour in orange pop until cup is full or the desired amount. Enjoy!



## Healthy Candy Corn

Items needed:

- Sliced mandarin oranges
- Chunks of pineapple
- Cool Whip
- Candy Corn
- Clear plastic cups

Layer your fruit as shown in the picture, followed by the Cool Whip. Top it off with a piece of candy corn, if desired.

# PROBATION PARTNERS

Below are a few of our vendors who sponsor MACPO.

## JUSTICE POINT

Phone: 612-355-5000  
Website: [justicepoint.org](http://justicepoint.org)

Non-project organization dedicated to the promotion of evidence-informed criminal justice programs, practices, and policies in Wisconsin and Minnesota.



Phone: 651-338-3317  
Website: [mlrecovery.org](http://mlrecovery.org)

*"The Journey begins here."*

Providing a full range of recovery treatment services for substance abuse disorders for adolescents between the ages of 13 and 18.

## The Hills

### Youth and Family Services

Trauma-informed organization dedicated to empowering, healing and teaching responsibility to children and adolescent.

For more information,  
call 218-728-7500  
or visit [thehillsyfs.org](http://thehillsyfs.org)

# Mission

Minnesota Association of County Probation Officers is dedicated to promoting quality correctional practices through professional growth, leadership, education, communication, and support.

# Vision

Providing a voice for the probation profession and leading the promotion of sound correctional policy toward the principles of evidence based practices, restorative justice, community involvement, public protection, victim restoration, offender accountability, and competency development.

## MACPO 2019-2020 ELECTED OFFICERS

Contact MACPO Secretary, Jill Ferretti - Brown County Probation, for the location and time of MACPO Board meetings.

Executive Board Goals:

- Review the vision statement on an annual basis at the Steering Committee meeting.
- Use MACPO's APPA Affiliate Membership to send our President (or assigned representative) to the national conference to maintain/promote our presence on a national level, to be reviewed annually.
- Continue to solicit input from MACPO membership regarding nominations for awards: Al Reker, Excellence in Corrections, Outstanding Performance, and Memorial Scholarship, as well as officer-elect positions.

Election of all officers shall be held at the annual meeting. Officers shall be elected by a simple majority at such meeting when a quorum of the voting members in good standing is present at the time of balloting.

Absentee ballots will be accepted or counted in any election and will be distributed by the Secretary at least 21 days in advance of election. Ballots to be returned three (3) days before annual meeting to the Nominating Committee Chair.

The Nominations/Awards Committee shall meet at least 60 days in advance of the annual meeting. The Nominations/Awards Committee shall contact candidates and potential candidates from among the voting membership of the association and shall prepare a list of such candidates and the offices for which they are candidates.



## Executive Board

### President

*Terry Fawcett*, Pine County Probation  
president@macpo.net

### President - Elect

*Jim Schneider*, Cass County Probation  
presidentelect@macpo.net

### President – Past

*Carter Diers*, Wright County Court Services  
pastpresident@macpo.net

### Treasurer

*Alex Hirman*, Wright County Court Services  
treasurer@macpo.net

### Secretary

*Jill Ferretti*, Brown County Probation  
secretary@macpo.net

### Legislative Committee Chair

*Margaret Munson*, Wright County Court Services  
legislative@macpo.net

### Communications Committee Chair

*Jess Mott*, Chisago County Court Services  
communication@macpo.net

### Membership Committee Chair

*Danni Bristol*, Jackson County Court Services

### Training & Education Committee Chair

*Michelle Nistler*, Cass County Probation

### Training & Education Committee Vice-Chair

*Amy Hertzog*, Wright County Court Services  
trainingandeducation@macpo.net