Minnesota Association of County Probation Officers

From the President

Fall 2009

MACPO President's Comments by John Klavins - October 13th, 2010

Welcome to MACPO! Despite the snowy and cold weather that we have had early this fall throughout Minnesota, we still have many important and "hot correctional topics" going on throughout the field of probation and in our MACPO agencies! Many of our staff members are working on various projects, and serving on a number of committees, that continue to push for positive change, innovation and efficiencies in our field. Some examples include the excellent work this is going on in our Legislative, Training and Education, Membership and Communication Committees. We are also intricately involved in a number of efforts that are focused on the advancement of evidence-based practices (EBP) and specific training initiatives such as enhancing officer safety and the leadership skills of our members. This October, we held our annual Support Staff Conference which was a great success, and we are hosting our 3rd annual MACPO EBP Booster Training Day, which will provide very cost-effective training to dozens of probation agents/officers from all around Minnesota!



John Klavins MACPO President

Despite the economic challenges that we all continue to experience in one way or another, we are moving forward and working toward offering services and programs that can truly make a difference in our communities. In summary, I'll close by citing the slogan that was recently developed by APPA (American Probation & Parole Association). I believe that all of our dedicated MACPO staff, agents, supervisors and administrators continue to serve in our field as "A Force for **Positive Change**!"

MACPOST MUSING

What an exciting time to be a Probation Officer! We are providing quality services to our clients/offenders that are based on measurable results and that take into account restorative measures. But, there are other more global issues related to offenders that may be gaining some traction. The idea that unintended collateral consequences of convictions is creating a significant population who can not obtain employment with a future, or find housing, or can not obtain further education, is a mushrooming problem that may become a burden to the community. Another issue pertains to the dissemination of juvenile records and whether their status as adolescents should prevent

full disclosure of their delinquencies to the public. There are other equally interesting and stimulating subjects being discussed and it behooves practicing Probation Officers to become involved so our profession's voice is heard.



Steve Peterson, President Elect Waseca County Court Services Director

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SHAKE AND BAKE: Meth manufacturers use new method to create toxic drug

George Anderson

A new style of making methamphetamine has become increasingly popular in Southeast Missouri over the past year, leading to two confirmed busts in the Stoddard County area just last week. The "Shake and Bake" method, whose name is derived from the process of putting the chemicals in a container and shaking them up and letting them cook, has increased the number of busts in Dunklin County from 10 per year to 10 per month, according to Lt. Tim Trowbridge, commander of the Dunklin County Drug Task Force.

"There for a while, the meth labs, for [Dunklin County] really dropped off the map," Trowbridge said, citing the restrictions on Sudafed and anhydrous ammonia.



This "Shake and Bake" methamphetamine lab was discovered last week at a residence in Stoddard County.

"In 2007 and 2008, we really had an increase in

what we call 'Mexican Ice,' 'Mexican Ice' is basically large amounts of methamphetamine that are produced in Mexico, California, and those sort of places. It is methamphetamine [with] an extra step where a water molecule attaches to the actual meth and gives it a crystal appearance. When you get down to it, it is basically the same thing." Trowbridge said. "There was a huge influx of Mexican Ice and that was our big problem."

Trowbridge continued, "Since this year, we are making at least 10 to 15 attempt to manufacture arrests a month. We have gone from 10 labs per year to 10 labs per month."

According to Trowbridge, the "shake and bake" method has been around for several years, however, it has only became popular in the area recently. Trowbridge added that he believes the popularity increase is due to information accessed from the Internet.

"Now everybody knows how to do it," Trowbridge said. "I think [the popularity also] has to do with the prices. There for a while, it got cheaper to buy 'Mexican Ice' than it was to go through the process of making the labs. Now days, with the 'shake and bake' method, everybody can do it. It doesn't take a rocket scientist to make it. You can just basically put all the ingredients into a soda bottle and shake it up and let it cook.

"Before, it took several hundred pills to make a batch of meth. Now days, you can pull three grams out of one box of Sudafed, so it makes it easier to run to your local pharmacy and pick up a box of Sudafed and go home and cook dope with it."

Trowbridge also said that although the number of producers has increased, the public continues to be a major contributor in the war against meth.

"The public continues to feed us information about who is doing what, when, and where," Trowbridge said. "As long as we have community involvement, we are still able to keep the arrests up. It takes the community behind us and people being vigilant in what they see and smell."

Trowbridge said that if a resident suspects that their neighbor is making methamphetamine, they should call the authorities right away.

Signs to be aware of include:

- * Frequent visitors at all times of the day or night;
- * Activity at the house being at odd hours or late at night;
- * Occupants appear unemployed, yet seem to have plenty of money and pay bills with cash;
- * Occupants are unfriendly, appear secretive about activities;
- * Occupants watch cars suspiciously when they pass;
- * Extensive security at the home;
- * Blackened windows or curtains that are always down;
- * Occupants go outside the house to smoke cigarettes;
- * Chemical odors coming from the house, garage, or detached buildings;
- * Garbage containing numerous bottles and containers;
- * Coffee filters, bed sheets, or other material stained from filtering red phosphorus or other chemicals;
- * Occupants set their garbage for pick up in another neighbor's collection area, and/or;
- * Evidence of chemical or waste dumping, such as burn pits or "dead spots" in the yard.

Any single activity may or may not be sole proof that drug dealing or methamphetamine manufacturing is occurring. However, a combination of the following may be reason for concern.

Trowbridge also said that if anyone comes across a suspicious looking bottle, they should call the authorities and stay away from the bottle.

The official added that the "shake and bake" method is just as dangerous as previous methods.







NCTI has an extensive background as a provider of criminogenic specific, cognitive-based behavior change curricula designed for adult and juvenile offenders, as well as Staff Development workshops for Criminal Justice professionals.

Making a positive impact on lives since 1981

In partnership with the American Probation and Parole Association (see press release), NCTI provides Cognitive Based Life Skills and Offense Specific Curriculum to practitioners in the field of community corrections. These cognitive based curricula clearly align with "What Works" research that has proven to be effective in reducing recidivism.

Through this partnership, NCTI and APPA also offer probation, parole, and private practitioners Certification Training for facilitating cognitive behavioral groups.

Using a unique philosophical approach known as the "Building Blocks for Behavioral Change", NCTI curricula and delivery techniques are designed to foster positive, pro-social behavior change in offenders. Currently in use by a variety of agencies throughout North America, NCTI's Cognitive Based Life Skills and Offense Specific Curricula have earned wide respect for their cost effectiveness and high levels of successful outcomes.

See how Riverside County Probation Department successfully uses NCTI's Crossroads Curricula. Click Here to see an excerpt from the Riverside County Probation Department's Newsletter.

Learn more about Crossroads Cognitive Behavior Change Curricula.

Implement Cognitive Based Life Skills and Offense Specific Curricula within your organization! Become a Certified Cognitive Facilitator.

To request more information about NCTI Offender Programs and workshops, click here or call 800-622-1644.

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Kandiyohi County To File Documents Electronically

WILLMAR, Minn. (AP)

Kandiyohi County law enforcement and court officials will soon file charges, police reports and other paperwork electronically.

The e-charge pilot project will also allow signatures from law enforcement, prosecutors and judges and notarization of documents to be filed that way.

State officials will be in Willmar Monday to set up the computer software and train officials before the system goes online Thursday.

Currently, the piles of documents are hand-delivered with law enforcement spending considerable time and gas driving from the downtown courthouse to the county Law Enforcement Center on the north end of town.

County Attorney Boyd Beccue also expects savings in paper, printer toner and human errors -since officials won't have to re-enter any data.



Eventually the system will be used statewide.

FRONTLINE INVESTIGATES WHAT REALLY HAPPENS TO MENTALLY ILL OFFENDERS WHEN THEY LEAVE PRISON

FRONTLINE Presents

Watch the trailer at: <u>http://www.pbs.org/frontline/re-</u> <u>leased</u>

This year, hundreds of thousands of prisoners with serious mental illnesses will be released into communities across America, the largest exodus in the nation's history. Typically, mentally ill offenders leave prison with a bus ticket, \$75 and two weeks worth of medication. Within 18 months, nearly two-thirds are re-arrested. In this follow up to the ground breaking film The New Asylums, FRONTLINE examines what happens to the mentally ill when they leave prison and why they return at such alarming rates. The intimate stories of the released—along with interviews with parole officers, social workers and psychiatrists provide a rare look at the lives of the mentally ill as they struggle to stay out of prison and reintegrate into society.



Diversity Training by Andre Koen was held in Pine County on October 1, 2009 for the 10th Judicial

District. This training was hosted by Judge James Reuter, seated judge in Pine City.

AAAP 20th Annual Meeting and Symposium

Dates: December 3-6, 2009 Location: Hyatt Regency Century Plaza, Los Angeles, California

For more information on this meeting, please visit the Meeting and Events section of our web site.

The American Academy of Addiction Psychiatry's (AAAP) 20th Annual Meeting and Symposium will be held at the Hyatt Regency Century Plaza in Los Angeles, California, December 3-6, 2009. The meeting provides researchers and health care practitioners the latest developments in treating mental health and substance abuse disorders. Meeting events include symposia, workshops, poster sessions showcasing new research in the field, Share the Vision luncheon, plenary sessions, Breakfast for Trainees, and a case conference with expert discussion.

http://www2.aaap.org/ meetings-and-events/annualmeeting?phpMyAdmin=H6N%2CWzwzCJEqgHtALaDIa7GNj5

Experience is what you get when you didn't get what you wanted.

PROVIDING SERVICE OF EXCELLENCE TO THE COMMUNITY

Abuse of Prescription Drugs

Nearly 7 million Americans are abusing prescription drugs*—more than the number who are abusing cocaine, heroin, hallucinogens, Ecstasy, and inhalants, combined. That 7 million was just 3.8 million in 2000, an 80 percent increase in just 6 years.

Prescription pain relievers are new drug users' drug of choice, vs. marijuana or cocaine.

Opioid painkillers now cause more drug overdose deaths than cocaine and heroin combined.

Nearly 1 in 10 high school seniors admits to abusing powerful prescription painkillers. A shocking 40 percent of teens and an almost equal number of their parents think abusing prescription painkillers is safer than abusing "street" drugs.

Misuse of painkillers represents three-fourths of the overall problem of prescription drug abuse; hydrocodone is the most commonly diverted and abused controlled pharmaceutical in the U.S.

Twenty-five percent of drug-related emergency department visits are associated with abuse of prescription drugs.

Methods of acquiring prescription drugs for abuse include "doctor-shopping," traditional drug-dealing, theft from pharmacies or homes, illicitly acquiring prescription drugs via the Internet, and from friends or relatives.

DEA works closely with the medical community to help them recognize drug abuse and signs of diversion and relies on their input and due diligence to combat diversion. Doctor involvement in illegal drug activity is rare—less than one tenth of one percent of more than 750,000 doctors are the subject of DEA investigations each year—but egregious drug violations by practitioners unfortunately do sometimes occur. DEA pursues criminal action against such practitioners.



DEA Internet drug trafficking initiatives over the past 3 years have identified and dismantled organizations based both in the U.S. and overseas, and arrested dozens of conspirators. As a result of major investigations such as Operations Web Tryp, PharmNet, Cyber Rx, Cyber Chase, and Click 4 Drugs, Bay Watch, and Lightning Strike, tens of millions of dosage units of prescription drugs and tens of millions of dollars in assets have been seized.

* Prescription drugs refers to abuseable pharmaceuticals controlled under federal law enforced by the DEA.

Fentanyl

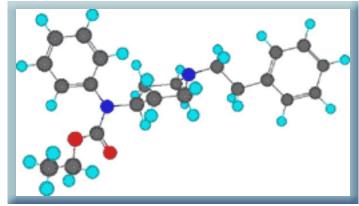
Fentanyl is a powerful synthetic opiate analgesic similar to but more potent than morphine. It is typically used to treat patients with severe pain, or to manage pain after surgery. It is also sometimes used to treat people with chronic pain who are physically tolerant to opiates. It is a schedule II prescription drug.

In its prescription form, fentanyl is known as Actiq, Duragesic, and Sublimaze. Street names for the drug include Apache, China girl, China white, dance fever, friend, goodfella, jackpot, murder 8, TNT, as well as Tango and Cash.

Like heroin, morphine, and other opioid drugs, fentanyl works by binding to the body's opiate receptors, highly concentrated in areas of the brain that control pain and emotions. When opiate drugs bind to these receptors, they can drive up dopamine levels in the brain's reward areas, producing a state of euphoria and relaxation. Medications called opiate receptor antagonists act by blocking the effects of opiate drugs. Naloxone is one such antagonist. Overdoses of fentanyl should be treated immediately with an opiate antagonist.

When prescribed by a physician, fentanyl is often administered via injection, transdermal patch, or in lozenge form. However, the type of fentanyl associated with recent overdoses was produced in clandestine laboratories and mixed with (or substituted for) heroin in a powder form.

Mixing fentanyl with street-sold heroin or cocaine markedly amplifies their potency and potential dangers. Effects include: euphoria, drowsiness/respiratory depression and arrest, nausea, confusion, constipation, sedation, unconsciousness, coma, tolerance, and addiction.



The American Probation and Parole Association

35th Annual Training Institute Washington, DC August 15 - 18, 2010 Hilton Washington 36th Annual Training Institute Chicago, IL July 24 - 27, 2011 Hilton Chicago

2010 Winter Training Institute Austin, Texas January 31 - February 3, 2010 Hilton Austin Promo

http://www.appa-net.org/eweb/DynamicPage.aspx?WebCode=IIIA_Institutes

Announcements and Training













http://www.corrections.com/

Today, Corrections.com is the single most recognizable brand online for the global community of corrections. Award-winning daily news is at the core of our business, with the most comprehensive database of vendor intelligence in corrections.

http://www.appa-net.org

To serve, challenge and empower our members and constituents by educating, communicating and training; advocating and influencing; acting as a resource and conduit for information, ideas and support; developing standards and models; and collaborating with other disciplines.

http://www.mncorrections.org/mjps

To hold offenders accountable and offer opportunities for change while restoring justice for victims and contributing to a safer Minnesota

http://www.womenincorrections.com

Women Working In Corrections and Juvenile Justice conference will be brought to Denver, Colorado on September 19-22, 2010.

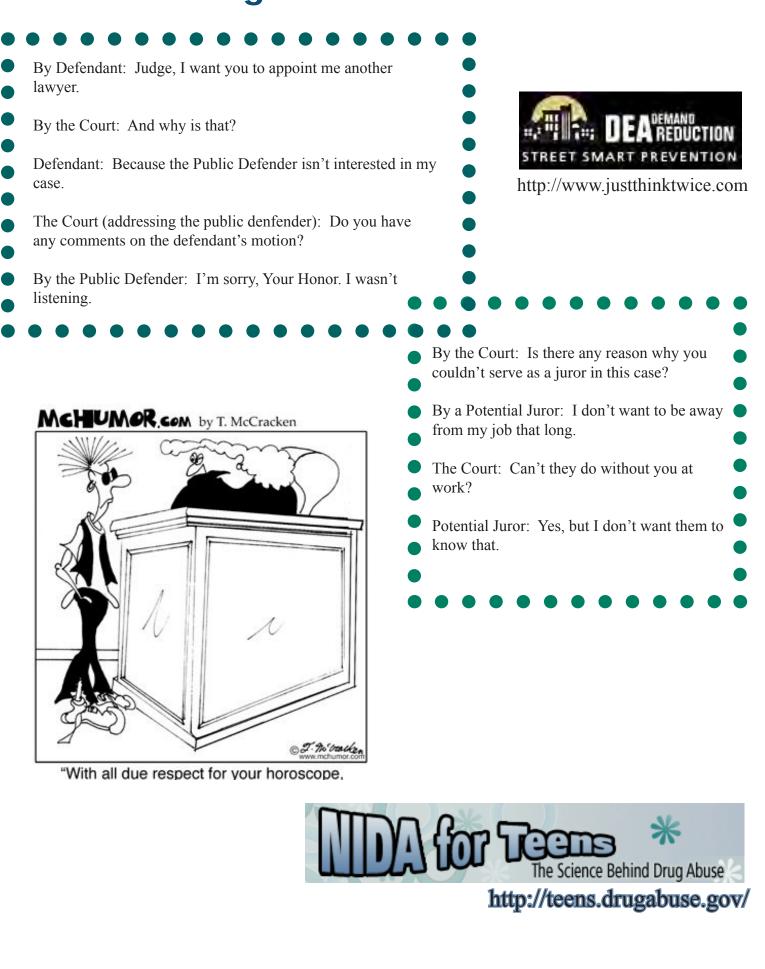
http://www.csom.org

Established in June 1997, the Center for Sex Offender Management's (CSOM) goal is to enhance public safety by preventing further victimization through improving the management of adult and juvenile sex offenders who are in the community.

http://www.mnyipa.org

The Minnesota Youth Intervention Programs Association (YIPA) has been serving the needs of youth service providers since 1978.

Links and Laughs



The Committees

Training and Education Committee

The Support Staff Conference was held October 1st, 2009 at the Holiday Inn and Suites in St Cloud, MN. We had 68 attendees at the conference. Even though the numbers were down, the feedback from all attendees was extremely positive and we are thankful to all who organized and participated in the event.

The Training and Education committee is currently planning the 2010 Spring Conference. We are looking to book speakers that bring the most up to date information to better assist you as a Probation Agents. We also reviewed all of our evaluation forms from the 2009 conference and are working to make the conference even better from the feedback we received. The conference will be at Breezy Point Resort for another year.

The Training and Education committee is always looking for new members to join our already incredible group of T&E members. Our committee usually meets the third Wednesday of the month in the metro area. Please contact either Jason or Neal for more information.



Jason Vande Kamp Isanti County Probation



Neal Huemoeller Wright County Probation

Membership Committee 2008 Winter Report

Our committee members have been scheduling several of the college fairs at which we represent MACPO. In addition, committee members participated with the support staff conference held in St. Cloud in early October. As a reminder, if you have interns and/or student volunteers, please have them check into applying for the MACPO student scholarship (application and description are available on the web site) – the deadline is December 1, 2009.



Jill Arbeiter Co-Chair

Also, please help keep MACPO membership strong! If there are co-workers in your office who have not renewed their MACPO membership, please direct them to our web site for the membership application form.

We thank you for your continued MACPO membership.



Charles Kitzman Co-Chair

Legislative Committee Report

Your MACPO Legislative Committee began the new season with an organizational meeting on September 3rd. Almost all of the previous committee members have returned for another year of service to MACPO. It is this reliable group of experienced MACPO members that allows us to effectively present MACPO's positions and initiatives to the legislature.

We have drafted our 2010 Legislative Position Statement and Initiatives which were approved by the MACPO Executive Board on September 17th. They are posted on our web site.

We continue to make progress on developing our "Option 60/30" initiative. An information campaign will be starting in October with information sent to various union organizations, corrections organizations, and an information booth at the MCA Conference. We plan to draft a bill for submission this session.

We expect another "interesting" legislative session. There are estimates that the State's budget deficit may initially be as high as 6 billion dollars, and there will be more than the usual amount of political posturing as a large number of people prepare to run for the governor position.



Lana Bjorgum Itaska County Probation MACPO Legislative Committee Chair



Steven Paquay Chisago County Probation MACPO Legislative Committee Chair

As always, feel free to contact me or any of the other members of the Legislative Committee with any questions or comments you might have.

Steve Paquay Chair, MACPO Legislative Committee.

Treasurer's Report

All is well with MACPO financially. Fall is a slow time for MACPO with the exception of the Support Staff Conference which reportedly went very well. In a few months, I'll be getting ready for tax season and the things that go along with that. Below are MACPO's accounts and balances. If anyone has questions, please feel free to contact me.

Checking Balance	\$5,884.81
Waddekk and Reed Money Market Acct	\$18,532.68
Afinity Plus Certificate of Deposit	\$28,513.80
Waddell and Reed Bond Fund	\$11,036.45
Memorial Scholarship Interest	
Memorial Scholarship Award	
Total of All Accounts	\$63,967.74



Sarah Weikle Pine County Court Services

Communications Report

Macpo's Mission Statement is as follows:

Minnesota Association of County Probation Officers is dedicated to promoting quality correctional practices through professional growth, leadership, education, communication and support.

Vision

Providing a voice for the probation profession and leading the promotion of sound correctional policy toward the principles of evidence based practices, restorative justice, community involvement, public protection, victim restoration, offender accountability and competency development

And its not too early to begin planning to attend <u>53rd Annual MACPO Spring Conference at Breezy Bay</u> <u>Resort</u> next year.

Have a great winter and I will see you all at the spring conference.

Anne Riley ariley@co.chisago.mn.us 651-213-8350



Anne Riley Chisago County Court Services

Communication Committee Co-chair



Christopher Maas Sherburne County Court Services

Fall arrived and now we have snow in October. The MACPO web site is continually changing with new and up to date information. Please feel free to let me know if you would like anything changed or added to the web site.

You can contact me at <u>christopher.maas@co.sherburne.mn.us</u> or 763-241-2819.