

# MACPOST

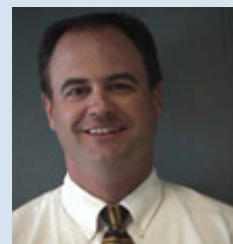
## Minnesota Association of County Probation Officers

From the President

October 2008

Greetings MACPO Members.

Thank you for allowing me to serve as your MACPO president. As the director of Mower County Corrections, it is endearing to have MACPO strongly represented in southern Minnesota again. After all, the MACPO seed was planted by just a few probation officers from this area of the state back in 1954. John Jette, former MACPO president and a man who held my job as director in Mower County for more than 30 years was a founding member of MACPO.



Stephen King  
MACPO President

A lot of evolution in the field of probation has occurred since Mr. Jette was at the helm. We have evolved as a profession and as an organization but the area that has remained static is the necessity to foster, and maintain relationships. Relationships and our ability to sustain them are critical to excelling and surviving as a probation officer. Sure we now are aided by the advent of desktop computers and data bases designed solely on our behalf and for the benefit of our work. We also have in place evidence based practices. Both of these developments were not available back 20 years ago when my career began. Through the use of technology, valid risk assessments, and web based systems we now have great ability to track offenders and obtain information from law enforcement outside of our own counties. But what remains crucial to good probation is still the relationships we develop with our offenders, peers and other professionals in law enforcement and the courts. Without good solid relationships, our effectiveness is greatly diminished.

Relationships are also the backbone of MACPO. This business of ours can be rough sometimes. We need the support of our peers and others in our professional circles to get through some of the tougher days. I can attest that my longevity in this business is a direct result of relationships I've built and stumbled into along the way. A great way to create a supporting environment for yourself is by investing your time and effort in MACPO. I encourage all MACPO members to challenge themselves to become involved with this organization. There are several fine committees in our midst that meet regularly throughout the state and accomplish great work while having fun and building lasting relationships. Who knows, you might be the one who comes up with the next idea for the MACPO Spring Conference registration gift. I need something to go with the blanket/kilt I got last spring.

Take care. Steve

### This Issue:

- The New Face of Heroin.....2
- Maintenance Treatment Crucial for Teen recovery From Depression.....4
- New Fingerprint Method Could Unlock Cold Cases .....6
- Links & Laughs.....7
- Announcements & Training.....8
- The Committees .....9

## MACPO Training Academy

Thursday, November 20th, 2008: Probation 101  
(Isanti County)

Thursday, January 15th, 2009: Safety Training  
(Location TBD)

Thursday, March 19th, 2009: Evidence-Based Practices  
(Location TBD)

Thursday, April 16th, 2009: Programs  
(Location TBD)

For registration contact Rachel Miller at (763)689-8326 or  
[rachel.miller@co.isanti.mn.us](mailto:rachel.miller@co.isanti.mn.us).

## Heroin Is Attracting New Users Who Are Young, Middle Class and Suburban

By SCOTT MICHELS



Lauren, left, and Danielle, both got hooked on heroin after abusing prescription drugs.  
(Courtesy of Dale Freeman and Lauren G. )

The first time Lauren, a suburban teenager in Connecticut, took a prescription pain killer, she says she was sick with strep throat during her freshman year in college and grabbed a Percoset from her parents' medicine cabinet. She never dreamed where that one pill would take her.

Lauren, left, and Danielle, both got hooked on heroin after abusing prescription drugs.  
(Courtesy of Dale Freeman and Lauren G. )  
A few weeks later, she took an Oxycontin to help her sleep. The next day she took another. "Once I started, I never stopped," she said.  
In less than two years, Lauren, who asked that her last name not be used because of privacy concerns, said she was spending \$300 to \$400 a day on pills. She stole jewelry from her mother and aunt in North Haven, an upper middle class bedroom community near New Haven, Conn., and passed back checks, racking up close to \$20,000 in debt, according to her mother.

But when she still couldn't afford pills, which can cost more than \$60 each on the street, Lauren turned to something more affordable and more deadly to satisfy her addiction: heroin.

"When you think of a heroin addict, you don't think of me," she said. "But that's what I became."

"When you're sick" from withdrawal "nothing else matters except making it go away," she said. "I took whatever I could find, whatever was there."

Though overall heroin use has remained relatively stable nationwide, numerous police agencies across the country say the drug, once the scourge of poor inner cities, has in the last several years attracted a new generation of users who are largely young, middle-class and living in rural and suburban areas.

At least part of that resurgence, police say, is a side effect of the explosion in prescription drug abuse. Federal statistics show that nearly 7 million Americans abused prescription drugs in 2007, more than marijuana, cocaine, heroin and Ecstasy combined -- an 80 percent increase since 2000.

Police fear the boom in pain killer abuse is leading teens and young adults, like Lauren, from pills to heroin, a cheaper and more powerful -- and far more dangerous -- opiate.

It's an economics thing. If someone is hooked on Oxy and can't afford to pay \$80 per pill, then they turn to heroin," which can cost as little as \$4 a hit, said Drug Enforcement Administration spokesman Garrison Courtney.

National statistics show that heroin use among high school students and young adults, relatively uncommon compared with other illegal drugs, has remained basically unchanged in the last few years.

But local law enforcement agencies say that an increasing number of young people are using the drug.

"People say that heroin went away. It's never gone anywhere," said Special Agent Douglas Collier of the New Jersey division of the DEA. "But the user group has changed. The old time heroin user was the guy on the street corner. Now we have kids from the suburbs."

*continued on page 2*

*continued from 1*

Heroin, an opiate made from the poppy plant, works on the body in the same way as many prescription drugs such as morphine and Oxycontin. It is among the most addictive drugs and can be injected, smoked or snorted.

The 2008 National Drug Threat Assessment from the National Drug Intelligence Center, a division of the Justice Department, called prescription drug abuse leading to adolescent heroin abuse an "emerging concern" to law enforcement and a trend that was likely to continue as prescription pain killers become more difficult to obtain. The Center, also based on anecdotal reports from local law enforcement, says heroin use is growing outside the Northeast, where the drug has traditionally been a problem, and into areas such as Appalachia and Ohio. Law enforcement agencies in areas such as Maine, Alaska and Wisconsin told ABCNews.com that the drug is growing in popularity.

"Unfortunately, 18 to 26 is our big target audience," said Dave Spakowicz, a special agent at the Wisconsin Department of Justice who heads the Milwaukee High Density Drug Trafficking Heroin Initiative. "The price of Oxycontin has doubled in the last year and a half in the Milwaukee area. People are moving to heroin." Nationwide, the number of people who said they used heroin in the last month grew from 119,000 in 2003 to 338,000 in 2006, the latest years for which statistics are available, according to the National Survey on Drug Use and Health. In 2006, 3.7 million Americans said they had used heroin at some point; about 60,000 were under 18.

## Brown County Teen Court Tenth Anniversary

<http://www.nujournal.com/page/content.detail/id/503027.html?nav=5009>



# Maintenance Treatment Crucial for Teens' Recovery From Depression



Long-term maintenance treatment is likely to sustain improvement and prevent recurrence among adolescents with major depression, according to an NIMH-funded study published in the April 2008 issue of the Archives of General Psychiatry.

The study, led by Paul Rohde, Ph.D., of Oregon Research Institute, analyzed data from the Treatment of Adolescents with Depression Study (TADS), a large, NIMH-funded trial in which depressed teens were randomized to one of three treatments for 36 weeks—fluoxetine (Prozac), cognitive behavior therapy (CBT) or a combination of both.

Teens with depression, even if they show a good initial response to treatment, are at high risk for relapse and recurrence. However, guidelines for depression maintenance treatment are based on adult needs. Rohde and colleagues aimed to identify whether the available guidelines are appropriate for depressed adolescents.

Among the 242 TADS participants analyzed for this study, 61 percent significantly improved by week 12. The combination group achieved the highest rate of sustained response (71 percent) compared to the fluoxetine-only group (68 percent) and CBT-only group (42 percent).

The majority (82 percent) of teens who reached a sustained positive response by week 12 maintained this level of recovery through week 36. Among those in combination treatment, about 89 percent maintained improvement for the full 36 weeks. Among those in the fluoxetine-only group, 74 percent maintained improvement, but among those in CBT-only treatment, 97 percent maintained their improvement.

The high long-term success rate of CBT suggests that for teens who initially respond to it, CBT may have a preventive effect that helps to sustain positive improvement and potentially avoid relapse or recurrence, even if treatment visits become infrequent, as was the case after the first 12 weeks in the TADS study. Additionally, the relatively lower sustained success rate for fluoxetine suggests that the effectiveness of fluoxetine therapy may plateau at a certain point for some responders, triggering a need for the addition of psychosocial treatment.

“For those teens who respond to fluoxetine only, adding CBT to their treatment regimen early on would likely increase their chances for continued improvement,” suggested Rohde.

The findings help guide clinicians in deciding on the best maintenance course after a teen responds to an initial treatment. They also emphasize the value of ongoing, long-term treatment, even if treatment visits are infrequent, Rohde and colleagues concluded.

## Reference

Rohde P, Silva SG, Tonev ST, Kennard BD, Vitiello B, Kratochvil CJ, Reinecke MA, Curry JF, Simons AD, March JS. Achievement and maintenance of sustained improvement during TADS continuation and maintenance therapy. Archives of General Psychiatry. 2008 Apr; 65(4): 447-455.





## Feature: Police Lineups

Americans who watch movies and popular police television shows may believe that all police lineups are the same. A crime witness looks at six or seven people lined up against a wall and picks out the criminal immediately.

While these simultaneous lineups are still common, some police departments now prefer sequential lineups, where a witness views one possible suspect at a time. Some memory experts believe that sequential lineups may be more reliable, forcing an eyewitness to compare each person to their original memory instead of comparing individuals in the group to each other and their memory.

The issue has become increasingly important because of exonerations (based on new DNA evidence) of persons who were wrongfully convicted. Most of these cases involved erroneous eyewitness identifications.

NIJ is sponsoring several studies—both in the laboratory, at Augsburg College in Minneapolis, and in the field at police stations—to help advance knowledge about the most effective ways to conduct lineups.

Read an article in the NIJ Journal about lineup research.

<http://www.ojp.usdoj.gov/nij/>



Insight School of Minnesota is a full-time, diploma-granting online public high school tuition-free for Minnesota residents. Insight is an excellent choice for high school-age youth who, for a variety of reasons, need an alternative to the traditional public high school experience.

Students complete their studies in a self-directed, teacher-facilitated environment at their own time, place and pace. Students are provided with a school-issued laptop computer, printer and internet stipend.

Insight School of Minnesota offers the best in high school online learning. The school is designed for student success-delivering an unmatched mentoring program, broad and flexible curriculum, excellent instruction, in-person meeting sites and all of the administrative and technology support required for students to meet their goals.

To speak directly with a school representative please contact us at 800-711-5944.



**By Michael Kahn**

LONDON (Reuters) - It's a discovery that would make even Sherlock Holmes proud. British scientists have developed a new crime-fighting technique that allows police to lift fingerprints from bullets even if a criminal has wiped down a shell casing.

Authorities in Britain and the United States used the method to re-open three cold cases, including a U.S. double murder that police are now optimistic of solving, said John Bond, the physicist who developed the technique.

"In one case there was enough evidence that could lead to an identification of an offender," said Bond, a researcher at the University of Leicester and consultant at Northamptonshire Police in Britain.

The conventional method of taking fingerprints has been around for more than 100 years and involves creating a chemical reaction with the sweat left behind on an object to produce an image police can use.

But if a criminal wipes away the sweat, there is little left to react with the chemical and regular methods are useless, Bond said in a telephone interview.

The new technique allows police to outwit a criminal and produce a fingerprint even if there is no sweat impression to work with.

The British experts focused on hair-width bits of corrosion that sweat often leaves on certain metals in bullets and bombs.

They cover the metal with a fine powder and apply a strong electrical charge that makes the dust stick to the corroded areas, producing a potential fingerprint, Bond said.

"That very fine powder only sticks to the metal where it is corroded, which means it is only sticking where the fingerprint is and means you see the image of the fingerprint," said Bond, whose team has published its findings in the *Journal of Forensic Sciences* and the *Journal of Applied Physics*.

The technique is not foolproof and some people do not secrete enough salt in their sweat to corrode the metal to the point police can get a print, he added.

But for some seemingly dead-end cases it can provide crucial evidence and point to the person who loaded a gun used in a crime, Bond said.

Detective Christopher King of the Kingsland Police Department in Georgia sought the British team's help to crack an unsolved 10-year-old double murder case and said the method had helped reignite the investigation.

"The results are surprising but to say that I am pleased would be an underestimate," he said in a statement. "I feel very optimistic."

## Links and Laughs



LEROY JEFFERSON GOES TO A REVIVAL AND LISTENS TO THE PREACHER.

AFTER AWHILE, THE PREACHER ASKS ANYONE WITH NEEDS TO BE PRAYED OVER TO COME FORWARD TO THE FRONT OF THE ALTAR.

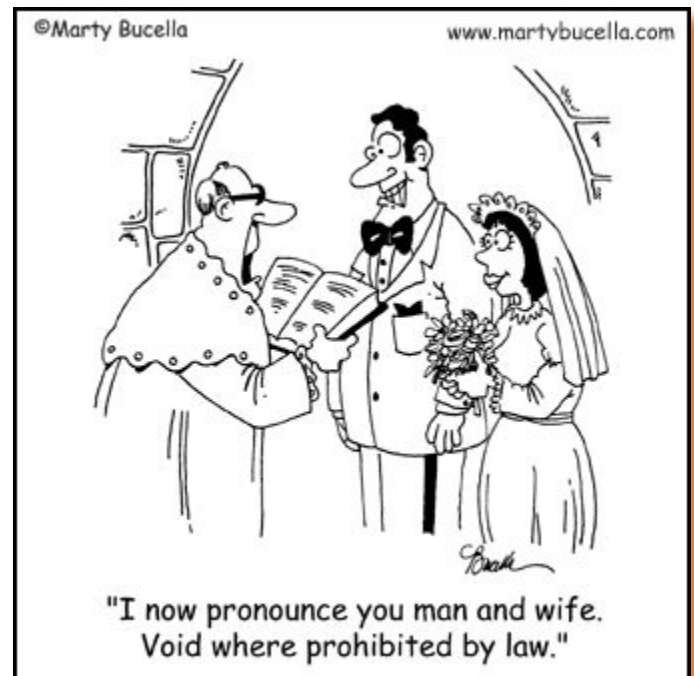
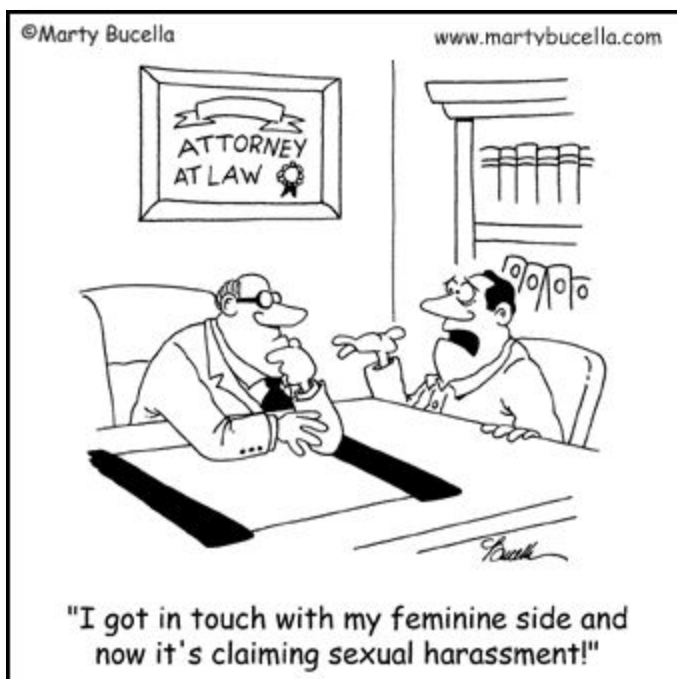
LEROY GETS IN LINE THEN ON HIS KNESS AND WHEN IT'S HIS TURN, THE PREACHER ASKS, 'LEROY, WHAT DO YOU WANT ME TO PRAY ABOUT FOR YOU?'

LEROY REPLIES, 'PREACHER, I NEED YOU TO PRAY FOR MY HEARING.'

THE PREACHER PUTS ONE FINGER IN LEROY'S EAR AND HE PLACES THE OTHER HAND ON TOP OF LEROY'S HEAD AND PRAYS AND PRAYS AND PRAYS.

AFTER A FEW MINUTES, THE PREACHER REMOVES HIS HANDS, STANDS BACK AND ASKS, 'LEROY, HOW IS YOUR HEARING NOW?'

LEROY SAYS, 'I DON'T KNOW, MY PUBLIC DEFENDER SAYS IT'S NOT TIL NEXT WEDNESDAY.'





## **The Corrections Connection**

<http://www.corrections.com/events>

## **PERC**

**The Foundation for the Prevention and Early Resolution of Conflict**

<http://www.conflictresolution.org>



## **Minnesota Crime Prevention Association**

<http://www.mncpa.net>

## **Women Working in Corrections & Juvenile Justice**

<http://www.womenincorrections.com>



## **American Probation & Parole Association**

**A strong unified voice for probation, parole and corrections professionals**

<http://www.appa-net.org>

## **Minnesota Youth Intervention Programs Association**

**Helping youth service organizations achieve their mission**

<http://www.mnyipa.org>



## **Minnesota Restorative Services Coalition**

**Promoting restorative philosophy and quality restorative services for individuals, communities and organizations**

<http://www.mnmrsc.org>



## Training and Education Committee

The Support Staff Conference was held October 1st, 2008 at the Best Western Kelly Inn in St Cloud, MN. We had 108 attendees at the conference and the conference provided another year of education and workplace motivation for all that attended.

The Training and Education committee is currently planning the 2009 Spring Conference. We are looking to book speakers that bring the most up to date information to better assist you as a Probation Agents. We also reviewed all of our evaluation forms from the 2008 conference and are working to make the conference even better from the feedback we received.

The Training and Education committee is always looking for new members to join our already incredible group of T&E members. Our committee usually meets the third Wednesday of the month in the metro area. Please contact either Robyn or Neal for more information.

Robyn Schauer  
Co-Chair

Neal Huemoeller  
Co-Chair



Robyn Schauer  
Blue Earth County



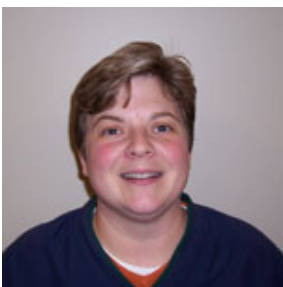
Neal Huemoeller  
Wright County Probation

## Membership Committee 2008 Report

The membership committee has been busy attending college fairs and staffing the Support Staff Conference. We will start Membership's planning for the 2009 Spring Conference very soon.

In addition, we would like to let our membership know of the \$750 Student Scholarship available to undergraduate students you might know who are interning or volunteering in your office. Please check out the MACPO website at [www.macpo.org](http://www.macpo.org) and click on the student scholarship information. All information about who may apply and an application may be downloaded from the site.

If you are aware of any college fairs you think MACPO should attend, please contact either Jill or Chuck (our contact information is listed below). Also, if any interns have questions about the scholarship, please have them contact one of us.



Jill Arbeiter  
Co-Chair



Charles Kitzman  
Co-Chair

## Legislative Committee Report

Your MACPO Legislative Committee has prepared our 2009 Legislative Position Statement and Initiatives for the upcoming legislative session. They were approved by the MACPO Executive Board on September 18th. We will be posting a copy on the MACPO Website.

Even though this session will be focused on funding state agencies and addressing the expected state deficit, we are continuing to work on our two policy bills. The first is an attempt to clarify probation officer search and seizure authority. Our workgroup has drafted language and we are in the process of obtaining an author. The second topic addresses the requirement for predatory offender registration for juveniles. Our workgroup on this topic is in communication with the County Attorneys' Association and other groups to determine appropriate language.

In another area, this summer our Pension Committee has testified at legislative committee hearings on the issue of obtaining early retirement status for probation officers. We are currently working on the initial steps of initiating an actuarial study which would lay the ground work for a future bill. This is a long term goal, but we are making progress.

Since this is an election year, your local legislators will be particularly receptive to comments and suggestions from their constituents. Make sure that you contact them and voice your concerns about probation funding issues as well as providing them with information on the many essential services provided by your probation department. MACPO can provide you with information and assistance if needed.



Lana Bjorgum  
Itaska County Probation  
MACPO Legislative  
Committee Chair



Steven Paquay  
Chisago County Probation  
MACPO Legislative  
Committee Chair

Look for an announcement about the MACPO/MCA Capitol Day event which will be held in January or February. We need a strong showing from our MACPO members to have the desired impact on key legislators.

This promises to be a very interesting fall and legislative session. Take an active role in improving the criminal justice system by voting this November.

Steve Paquay  
Chair, MACPO Legislative Committee

## Treasurer's Report

Happy Fall!! Financially, things are going very well. Dollars have been steadily deposited in the form of membership fees for the Probation 101 Training and registration fees for both the EBP boosters and the Support Staff Conference. Hats off to all the committees involved in the planning and implementing of these trainings....they are doing a great job!! If anyone has any questions regarding MACPO's accounts or investments, please feel free to contact me.

### Account Balances:

Wells Fargo Checking: \$ 20961.05  
Money Market Account: \$18450.82  
Bond Fund: \$10733.87  
Affinity Plus CD: \$27852.30

Total: \$73614.12



Sarah Weikle  
Pine County Court Services

## Communications Report

Welcome to Stephen King, our new incoming president. Congratulations to president elect, John klavins and to Denise Olson, our re-elected fabulous secretary. The executive committee is rolling up their sleeves to continue to work toward the MACPO goals and mission posted on the website.

The MACPO 1st Annual "Training Academy" was held September 18, 2008 and was a rousing success. Topics included were "Probation 101", "Officer Safety" and "Evidence Based Practices". Twenty six people attended the September Academy.

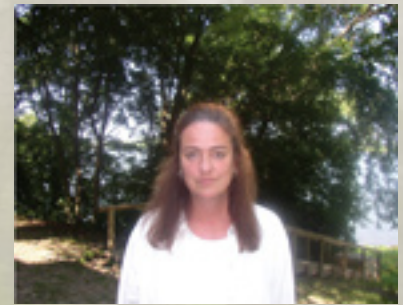
Attendees were from several CPO and CCA counties throughout the state. J. Hancuch, Steve Paquay, Chris Maas and Terryl Arola covered that training topics. The next Academy will be November 20, 2008. See the website or page 13 of the July MACPOST for more information.

The Spring Conference is just around the corner at Breezy Point Resort. Start watching the MACPO website for more information and for registration materials.

The Communications Committee welcomes new members. If you have an interest in working on the MACPOST or on the website, please feel free to contact me at [ariley@co.chisago.mn.us](mailto:ariley@co.chisago.mn.us) or Chris Maas at [christopher.maas@co.sherburne.mn.us](mailto:christopher.maas@co.sherburne.mn.us)

Have a great fall.

Anne Riley



Anne Riley  
Chisago County Court Services

## Communication Committee Co-Chair



Christopher Maas  
Sherburne County  
Court Services

Please make the MACPO website your homepage. New information is being posted regularly. The first session of the MACPO Training Academy was held on September 18th 2008, with 25 people in attendance. Look for updates for the next session in November. I have just added the 2009 Legislative position and initiatives. All the information for the Support Staff Conference that is scheduled for October 1st, 2008 is online. Feel free to let me know if you would like anything added to the website. Please send me an email at [Christopher.Maas@co.sherburne.mn.us](mailto:Christopher.Maas@co.sherburne.mn.us) or contact me at 763-241-2819.